ATTENTION
Le « trapping » est à faire par l'imprimeur selon ses propres specs.

Correction d'épreuves | Direction artistique | Client
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Montage à 100 % du format final
Impression finale à 100 %
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- Island of Montreal  
- Laval  
- South Shore  
- Vacation camps for families and children  

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Subject Index of Agencies and Projects  

All the information in this booklet has been updated as of July 2019.

To get the most recent information about Centraide-supported agencies, consult our online Agency Directory at www.centraide-mtl.org/en/agencies.
Municipalities Served by Centraide of Greater Montreal

LAVAL
- Chomedey
- Duvernay/Saint-Vincent-de-Paul/Saint-François
- Laval-des-Rapides/Pont-Viau
- Laval-Ouest/Sainte-Dorothée/Laval-sur-le-Lac
- Sainte-Rose/Fabreville
- Vimont/Auteuil

ISLAND OF MONTREAL
- Baie-d’Urfé
- Beaconsfield
- Côte-Saint-Luc
- Dollard-des-Ormeaux
- Dorval
- Hampstead
- Kirkland
- L’Île-Dorval
- Montreal
  (19 boroughs)
  - Ahuntsic-Cartierville
  - Anjou
  - Côte-des-Neiges – Notre-Dame-de-Grâce
  - Lachine
  - LaSalle
  - Le Plateau-Mont-Royal
  - L’Île-Bizard – Sainte-Geneviève
  - Mercier – Hochelaga-Maisonneuve
  - Montréal-Nord
  - Outremont
  - Pierrefonds-Roxboro
  - Rivière-des-Prairies – Pointe-aux-Trembles
  - Rosemont – La Petite-Patrie
  - Saint-Laurent
  - Saint-Léonard
  - Sud-Ouest
  - Verdun
  - Ville-Marie
  - Villeray – Saint-Michel – Parc-Extension

- Montréal-Est
- Montréal West
- Mont-Royal
- Pointe-Claire
- Sainte-Anne-de-Bellevue
- Sonneville
- Westmount

SOUTH OF MONTREAL
- Boucheville
- Brossard
- Calixa-Lavallée
- Candiac
- Carignan
- Chambly
- Châteauguay
- Contrecoeur
- Delson
- Henryville
- La Prairie
- Lacolle
- Léry
- Longueuil
  (3 boroughs)
  - Greenfield Park
  - Le Vieux-Longueuil
  - Saint-Hubert
- Mercier
- Mont-Saint-Grégoire
- Napierville
- Noyan
- Saint-Alexandre
- Saint-Amable
- Saint-Basile-le-Grand
- Saint-Bernard-de-Lacolle
- Saint-Blaise
- Saint-Bruno-de-Montarville
- Saint-Constant
- Saint-Cyprien-de-Napierville
- Saint-Édouard
- Saint-Georges-de-Clarenceville
- Saint-Isidore
- Saint-Jacques-le-Mineur
- Saint-Lambert
- Saint-Mathieu
- Saint-Michel
- Saint-Patrice-de-Sherrington
- Saint-Paul-de-l’Île-aux-Noix
- Saint-Philippe
- Saint-Rémi
- Saint-Sébastien
- Saint-Valentin
- Sainte-Anne-de-Sabrevois
- Sainte-Brigide-d’Iberville
- Sainte-Catherine
- Sainte-Julie
- Varennes
- Venise-en-Québec
- Verchères
- Saint-Jean-sur-Richelieu
  (5 boroughs)
  - Iberville
  - L’Acadie
  - Saint-Athanase
  - Saint-Jean-sur-Richelieu
  - Saint-Luc
Some General Definitions

Association coopérative d’économie familiale (ACEF)
ACEFs, or household economic cooperatives, help low-income individuals with budgeting and debt avoidance and also advocate for consumer rights. Three ways they do this are by:

- Advising individuals on how to prepare and apply a budget and following up to help with any debt problems they may encounter.
- Offering courses, information sessions and awareness and prevention tools on budgeting issues, including credit, debt reduction, money saving tips and more.
- In some cases, creating mutual aid funds that help people with low incomes to obtain small interest-free loans.

Centraide of Greater Montreal supports five ACEFs: Laval, Longueuil, Mercier-Ouest, Ville-Émard/Côte-Saint-Paul and Villeray.

Neighbourhood Round Table
Neighbourhood Round Tables improve living conditions and the quality of life for local residents by addressing issues such as health, education, urban planning, the environment, safety, and social and community life. They bring together local social stakeholders, coordinate the establishment of various projects, and support the community agencies with their intervention strategies.

Volunteering
Volunteer action centres promote volunteering and recruit, train and coordinate volunteers in their respective territories.

Centraide of Greater Montreal supports 17 agencies and points of service that promote volunteering: Bordeaux-Cartierville, Boucherville, Candiac, Chambly, Downtown, Henryville, Laval, Longueuil, Napierville, Rosemont, Sainte-Anne-de-Bellevue, Saint-Hubert, Saint-Jean-sur-Richelieu, Saint-Lambert, Saint-Laurent, Saint-Rémi and South Shore (Head Office).

YMCA, community development services
The YMCA programs funded by Centraide of Greater Montreal focus on community development. They offer activities for youth, families, seniors and socially excluded individuals and include intergenerational, job readiness support, community economic development and community work programs.

Centraide of Greater Montreal supports seven YMCAs: Downtown, Hochelaga-Maisonneuve, Notre-Dame-de-Grâce, Du Parc, West Island, Pointe-Saint-Charles and Saint-Laurent.
The CIP is a collaboration between eight large foundations1 and Centraide of Greater Montreal, whose mission is to support actions identified by neighbourhoods to reduce poverty.

The Ville de Montréal, Direction de santé publique and Coalition montréalaise des Tables de quartier are supporting this project to better coordinate these actions and achieve the best possible impact in communities where needs are great.

Visit pic.centraide.org to stay up to date with these projects.

CIP projects supported in 2019/20202

MODERATE SUPPORT
For a major project that will have the biggest possible impact

Learning citizenship $123,142
Ahuntsic - To include people in a situation of poverty

Lachine food system $130,000
Lachine - To help people achieve greater food security

Working together for food security $130,000
LaSalle - To help people achieve greater food security

Mercier-Est network $130,000
Mercier-Est - To break the isolation of vulnerable people

Community space for everyone $116,645
Mercier-Ouest - To enhance neighbourhood life

Interconnected community development $162,775
West Island - To take care of the essentials: food security and housing

1 J.W. McConnell Family Foundation, Pathy Family Foundation, Silver Dollar Foundation, Foundation of Greater Montreal, Lucie and André Chagnon Foundation, Marcelle and Jean Coutu Foundation, Mirella & Lino Saputo Foundation, the Molson Foundation and Trottier Family Foundation.

2 Amounts reflect July 2018 decision and may change depending on how the projects develop.
<table>
<thead>
<tr>
<th>Project Name</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>My Peter-McGill - Citizen engagement project to improve the neighbourhood</td>
<td>$194,847</td>
</tr>
<tr>
<td>Breaking down barriers - To build a caring community</td>
<td>$160,425</td>
</tr>
<tr>
<td>Going where people are - To build a caring community</td>
<td>$139,900</td>
</tr>
<tr>
<td>Everyone needs a roof and enough to eat - To take care of the essentials: food security and housing</td>
<td>$163,053</td>
</tr>
<tr>
<td>Creating a local food system - To achieve greater food security</td>
<td>$105,545</td>
</tr>
</tbody>
</table>

**INTENSIVE SUPPORT**

Implementation of several priorities from the neighbourhood plan - Ongoing

Food security, citizen laboratory and community of practice, and breaking isolation - Centre-Sud - $555,394

Housing - Côte-des-Neiges - $292,582

Youth success, housing, immigration and citizen involvement - Saint-Léonard - $378,904

Food security, housing, opening up the neighbourhood, social and job integration, and community life - Saint-Michel - $513,936

Reinforcement of community capacities: evaluation, mobilization and communication - Parc-Extension

SOUTIEN À L’ÉVOLUTION DES PROJETS DANS LES QUARTIERS

Dynamo - EvalPIC
The following example shows how to find the information you want on the agencies and projects in this directory:

- Symbol indicating a point of service
- Icon indicating the type of activity or clientele
- Amount contributed by Centraide*
- Name of the agency or project
- Address
- Year Centraide funding began
- Mission of the agency or project

**Action Travail des Femmes du Québec**

7001 Hutchison Street
Montreal, Quebec H3N 1Y9
Tel.: 514 768-7233
E-mail: atifk@atfquebec.ca
Website: www.atfquebec.ca
Year Centraide funding began: 1981

Support women of all ages and all backgrounds, especially those who are socio-economically disadvantaged, in their efforts to find a decent job or access training programs for non-traditional occupations.

*The allocated amounts generally correspond to a one-year funding period. However, as an exception, the amounts allocated to certain projects may correspond to a period that is either less than or more than 12 months.*
Icons used
The following icons are used to represent the clientele or field of activity of each agency:

<table>
<thead>
<tr>
<th>Icon</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image" alt="Families" /></td>
<td>Families</td>
</tr>
<tr>
<td><img src="image" alt="Food security" /></td>
<td>Food security</td>
</tr>
<tr>
<td><img src="image" alt="Mental health" /></td>
<td>Mental health</td>
</tr>
<tr>
<td><img src="image" alt="Income, housing and consumer services" /></td>
<td>Income, housing and consumer services</td>
</tr>
<tr>
<td><img src="image" alt="Listening, help and referral" /></td>
<td>Listening, help and referral</td>
</tr>
<tr>
<td><img src="image" alt="Neighbourhood life" /></td>
<td>Neighbourhood life</td>
</tr>
<tr>
<td><img src="image" alt="Neighbourhood round table" /></td>
<td>Neighbourhood round table</td>
</tr>
<tr>
<td><img src="image" alt="Persons with disabilities" /></td>
<td>Persons with disabilities</td>
</tr>
<tr>
<td><img src="image" alt="Refugees and immigrants" /></td>
<td>Refugees and immigrants</td>
</tr>
<tr>
<td><img src="image" alt="Seniors" /></td>
<td>Seniors</td>
</tr>
<tr>
<td><img src="image" alt="Support for community action" /></td>
<td>Support for community action</td>
</tr>
<tr>
<td><img src="image" alt="Volunteer work" /></td>
<td>Volunteer work</td>
</tr>
<tr>
<td><img src="image" alt="Women" /></td>
<td>Women</td>
</tr>
<tr>
<td><img src="image" alt="Youth" /></td>
<td>Youth</td>
</tr>
</tbody>
</table>

Support through the Refugee and Asylum-Seeker Fund
The Refugee and Asylum-Seeker Fund was created in response to the large wave of newcomers to Greater Montreal to increase agencies’ intake capacity, encourage neighbourhood and citizen action, and help reinforce knowledge and practices to welcome and integrate these newcomers.

Support through the Inclusion Fund
In the wake of the tragic events in Quebec City in January 2017, 21 financial institutions came together to help Centraide create the Inclusion Fund to build inclusive spaces and educate young people about being open to difference in all its forms.
Support women of all ages and all backgrounds, especially those who are socio-economically disadvantaged, in their efforts to find a decent job or access training programs for non-traditional occupations.

Promote the full development of children and youth by offering them positive role models through pairing with adults who are prepared to engage in a supportive and caring relationship.

Help troubled young people aged 14-25 to overcome their problems to prevent contact with the legal system, to become self-reliant, and to improve their quality of life and prospects through community action and public education.
Help community agencies develop their analytical skills and intervention capabilities and update their practices and methods of operation, stimulate reflection on social issues, and encourage the transfer of knowledge between universities and social groups.

*The Centre de formation populaire C.F.P. coordinates the Évalpop project.*

Support the organizational development of anglophone and allophone community agencies, provide training and management consultation, and promote collaborative relationships between agencies, sectors and cultural groups.

*The goal of Ateliers/C is to connect and equip organizations through a series of learning moments that let people discuss new ideas, strategies and/or inspiring tools.*

Support for the smooth operation of community agencies, encourage concerted action among local community agencies on issues of common concern, improve their ability to plan and evaluate their services and activities, and promote capacity building.
Dynamo – Ressource en mobilisation des collectivités

4050 Molson Street, Suite 340
Montreal, Quebec H1Y 3N1
Tel.: 514 388-1110
E-mail: info@dynamocollectivo.com
Website: www.dynamocollectivo.com
Year Centraide funding began: 2006

Support the members of Quebec communities as they develop their ability to participate in civic life so that they can look toward and build their future.

Dynamo – Ressource en mobilisation des collectivités coordinates the Leadership rassembleur™ and Point de bascule programs.

- Support for agency: $318,500
- Support for Leadership rassembleur™ program: $178,000
- Support for Point de bascule program: $250,000

Leadership rassembleur™ is a year-long training program that helps local leaders develop the skills they need to mobilize their communities. The goal is to give these leaders tools to let them more effectively address the complex social issues in their sectors (poverty, social exclusion, harmonious intercultural relations, etc.). Another aim is to bring together stakeholders and neighbourhood residents and guide them in taking concrete actions to improve their quality of life. Point de bascule is a project to support Greater Montreal communities that are looking to increase civic involvement.

En Marge 12-17

1151 Alexandre-DeSève Street
Montreal, Quebec H2L 2T7
Tel.: 514 849-7738
E-mail: info@enmarge1217.ca
Website: www.enmarge1217.ca
Year Centraide funding began: 1999

Prevent young people from ending up on the street, reduce the risks and distress associated with street life, and improve access to community and health services for street kids.

Information and Referral Centre of Greater Montréal

Tel.: 514 527-1375
E-mail: crgm@info-reference.qc.ca
Website: www.info-reference.qc.ca
Year Centraide funding began: 1956

Through a phone service and online database, refer people to social, community and public resources that can meet their needs.
**Mouvement Action-Chômage de Montréal**

*5839-A Drolet Street, Suite 306, Montreal, Quebec H2S 2T1*

Tel.: 514 271-4099  
E-mail: macmtl@macmtl.qc.ca  
Website: www.macmtl.qc.ca  
Year Centraide funding began: 1975

Support people who have lost their job by advocating their rights, helping them to obtain unemployment insurance benefits, explaining the relevant legislation, and lobbying for better unemployment insurance coverage as well as a more just and realistic job-creation policy.

**Mouvement PHAS**

*5199 Sherbrooke Street East, Suite 4780, Montreal, Quebec H1T 3X2*

Tel.: 514 638-4777  
E-mail: mouvementphas@yahoo.ca  
Website: www.mouvementphas.org  
Year Centraide funding began: 2005

Increase mobilization in order to promote access to health and social services that meet the needs of handicapped people and their families and educate decision makers and the public regarding the needs and realities experienced by this group of people.

**Multi-Ethnic Association for the Integration of Persons with Disabilities**

*6462 Saint-Laurent Blvd., Montreal, Quebec H2S 3C4*

Tel.: 514 272-0680  
E-mail: ameiph@ameiph.com  
Website: www.ameiph.com  
Year Centraide funding began: 1984

Facilitate the social integration and break the isolation of persons who have an intellectual, physical or other disability and belong to a minority ethno-cultural community.

**Rank and File**

*6839-A Drolet Street, Suite 305, Montreal, Quebec H2S 2T1*

Tel.: 514 270-7863  
E-mail: abe@aubasdelechelle.ca  
Website: www.aubasdelechelle.ca  
Year Centraide funding began: 1979

Help non-unionized workers in Greater Montreal when they have problems at work by informing them of their rights, especially under the Act respecting Labour Standards.
<table>
<thead>
<tr>
<th>Organization</th>
<th>Funding</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Website</th>
<th>Year Centraide funding began</th>
<th>Mission</th>
</tr>
</thead>
<tbody>
<tr>
<td>Regroupement des aveugles et amblyopes du Montréal métropolitain (RAAMM)</td>
<td>$127,590</td>
<td>5225 Berri Street, Suite 101, Montreal, Quebec H2J 2S4</td>
<td>514 277-4401</td>
<td><a href="mailto:info@raamm.org">info@raamm.org</a></td>
<td><a href="http://www.raamm.org">www.raamm.org</a></td>
<td>1981</td>
<td>Improve the quality of life of visually disabled persons by combating exclusion, discrimination and poverty as it affects them, facilitating their social integration, improving their access to public spaces, information and services, advocating their rights and promoting their interests.</td>
</tr>
<tr>
<td>Regroupement des cuisines collectives du Québec</td>
<td>$101,900</td>
<td>1605 de Champlain Street, Montreal, Quebec H2L 2S5</td>
<td>514 529-3448</td>
<td><a href="mailto:info@rccq.org">info@rccq.org</a></td>
<td><a href="http://www.rccq.org">www.rccq.org</a></td>
<td>1992</td>
<td>Promote the establishment and consolidation of collective kitchens in Quebec by offering training and support to individuals, groups and organizations that want to start a collective kitchen in order to help low-income individuals improve their nutrition and develop ties of solidarity.</td>
</tr>
<tr>
<td>Solidarité de parents de personnes handicapées</td>
<td>$132,300</td>
<td>5199 Sherbrooke Street East, Suite 4780, Montreal, Quebec H1T 3X2</td>
<td>514 254-6067</td>
<td><a href="mailto:info@spph.net">info@spph.net</a></td>
<td><a href="http://www.spph.net">www.spph.net</a></td>
<td>1996</td>
<td>Develop the power to act for Greater Montreal families with one or more children aged 0 to 30 who have one or multiple handicaps and who are living at home.</td>
</tr>
<tr>
<td>Suicide Action Montréal</td>
<td>$181,420</td>
<td>Tel.: 514 723-4000, Toll-free: 1 866 APPELLE</td>
<td><a href="http://www.suicideactionmontreal.qc.ca">www.suicideactionmontreal.qc.ca</a></td>
<td></td>
<td></td>
<td>1985</td>
<td>Prevent suicide among at-risk individuals, support the loved ones of persons with suicidal tendencies as well as people in mourning for someone they lost to suicide, mobilize and promote concerted action among agencies concerned with suicide, and encourage research into the subject.</td>
</tr>
</tbody>
</table>
TCRI – Vivons nos quartiers  $99,000
518 Beaubien Street East
Montreal (Quebec) H2S 1S5
Tel.: 514 272-6060
E-mail: info@tcri.qc.ca
Website: tcri.qc.ca
Year Centraide funding began: 2016

Through awareness activities, training, guidance and support, this project aims to specifically and optimally prepare agencies that are involved with integrating refugees.

Union des travailleuses et travailleurs accidentés ou malades (uttam)  $164,110
2348 Hochelaga Street
Montreal, Quebec H2K 1H8
Tel.: 514 527-3661
E-mail: uttam@uttam.quebec
Website: www.uttam.quebec
Year Centraide funding began: 1979
Support workers who have work-related accidents or diseases by advocating their rights under Worker’s Compensation Board legislation.
Island of Montreal
Regional agencies

The following agencies and projects serve residents on the Island of Montreal.

**Accueil liaison pour arrivants (ALPA)**

2030 Pie IX Blvd, Suite 309
Montreal, Quebec H1V 2C8
Tel.: 514 255-3900
E-mail: info@alpaong.com
Website: www.alpaong.com

Support immigrants at all stages of their new life in the province, from adaptation and integration to the point where they are fully established citizens who are proud of their origins and can handle the expectations of Quebec society.

**“Action-autonomie” – Le collectif pour la défense des droits en santé mentale de Montréal**

3958 Dandurand Street, 3rd Floor
Montreal, Quebec H1X 1P7
Tel.: 514 525-5060
E-mail: lecollectif@actionautonomie.qc.ca
Website: www.actionautonomie.qc.ca
Year Centraide funding began: 1991

Help persons with mental health problems by advocating their rights, improving their quality of life, building their self-reliance and facilitating their social integration.

**AlterGo-Formation**

525 Dominion Street, Suite 340
Montreal, Quebec H3J 2B4
Tel.: 514 933-2739
E-mail: info@altergoformation.com
Website: www.altergoformation.ca
Year Centraide funding began: 2013

Develop a strategy that will allow agency representatives to enhance their public presentations.
<table>
<thead>
<tr>
<th>Association du Québec pour enfants avec problèmes auditifs (AQEPA)</th>
<th>$99,500</th>
</tr>
</thead>
<tbody>
<tr>
<td>3700 Berri Street, Suite A-436</td>
<td></td>
</tr>
<tr>
<td>Montréal, Quebec H2L 4G9</td>
<td></td>
</tr>
<tr>
<td>Tel.: 514 842-3926</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:aqepa.montreal@aqepa.org">aqepa.montreal@aqepa.org</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.aqepa.org">www.aqepa.org</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 1998</td>
<td></td>
</tr>
<tr>
<td>Promote the school integration and social inclusion of young people with hearing problems by developing and promoting services that address their needs.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Association québécoise des parents et amis de la personne atteinte de maladie mentale (AQPAMM)</th>
<th>$70,620</th>
</tr>
</thead>
<tbody>
<tr>
<td>1260 Sainte-Catherine Street East, Suite 208</td>
<td></td>
</tr>
<tr>
<td>Montréal, Quebec H2L 2H2</td>
<td></td>
</tr>
<tr>
<td>Tel.: 514 524-7131</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:accueil@aqpamm.ca">accueil@aqpamm.ca</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.aqpamm.ca">www.aqpamm.ca</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 1983</td>
<td></td>
</tr>
<tr>
<td>Support the families and loved ones of people suffering from mental illnesses by teaching them the best ways to deal with these situations, such as overcoming the prejudices related to mental illness.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ATELIER (L’)</th>
<th>$135,475</th>
</tr>
</thead>
<tbody>
<tr>
<td>3680 Jeanne-Mance Street, Suite 213</td>
<td></td>
</tr>
<tr>
<td>Montréal, Quebec H2X 2K5</td>
<td></td>
</tr>
<tr>
<td>Tel.: 514 844-6458</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:info@atelierartisanat.org">info@atelierartisanat.org</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.atelierartisanat.org">www.atelierartisanat.org</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 1981</td>
<td></td>
</tr>
<tr>
<td>Help persons in Montreal who are experiencing or have experienced mental health problems by improving their quality of life, promoting their social and socioeconomic reintegration, developing their job-readiness, and helping them to find and/or keep a job.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Autisme Montréal</th>
<th>$147,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>4450 Saint-Hubert Street, Suite 320</td>
<td></td>
</tr>
<tr>
<td>Montréal, Quebec H2J 2W9</td>
<td></td>
</tr>
<tr>
<td>Tel.: 514 524-6114</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:accueil@autisme-montreal.com">accueil@autisme-montreal.com</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.autisme-montreal.com">www.autisme-montreal.com</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 1998</td>
<td></td>
</tr>
<tr>
<td>Bring together and encourage self-help among the parents of children who are autistic or have a pervasive developmental disorder, while advocating the rights of children and promoting their development and social integration.</td>
<td></td>
</tr>
</tbody>
</table>
Create a positive environment for adults with a physical disability who require support services, especially those living in an institution, by promoting individual and collective expression, self-help and volunteering.

Promote the social integration and independence of adults with a physical disability in Greater Montreal, and improve their access to public facilities.

Promote the social integration of members of Greater Montreal’s cultural communities, regardless of their origin, language, political opinions or religion, and help newly arrived immigrants to get settled.

Provide a discreet and respectful refuge for women 18 years of age and over who are homeless or in difficulty.
**Chinese Family Service of Greater Montreal**

987 Côté Street, 4th Floor  
Montreal, Quebec H2Z 1L1  
Tel.: 514 861-5244  
E-mail: famille.chinoise@qc.aibn.com  
Website: www.famillechinoise.qc.ca  
Year Centraide funding began: 1984

Help linguistically and economically disadvantaged members of the Chinese community, especially seniors, by improving their quality of life and helping them to successfully integrate into society.

**Coalition montréalaise des Tables de quartier**

5350 Lafond Street  
Montreal, Quebec H1X 2X2  
Tel.: 514 524-1797  
E-mail: cmtq@cdcrosemont.org  
Website: www.tabledequartiermontreal.org  
Year Centraide funding began: 2006

Bring together stakeholders to work on regional issues that affect the living conditions and quality of life of Montrealers and promote coordinated local action and its many benefits. The Coalition montréalaise des Tables de quartier is made up of 30 local roundtables.

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

**Collective Community Services**

451 de l’Église Street  
Verdun, Quebec H4G 2M6  
Tel.: 514 937-5351  
E-mail: info@ccs-montreal.org  
Website: www.ccs-montreal.org  
Year Centraide funding began: 1975

Offer support and community development services to the English speaking population of Greater Montreal, while promoting self-help, caring and sharing. Note that the Trail’s End Camp is now supported through this allocation.

**Compagnons de Montréal**

6365 De Saint-Vallier Street  
Montreal, Quebec H2S 2P6  
Tel.: 514 727-4444  
E-mail: info@compagnonsdemontreal.com  
Website: www.compagnonsdemontreal.com  
Year Centraide funding began: 1980

Improve the quality of life and break the isolation of adults who are in need or who have an intellectual disability to maximize their social inclusion, integration and participation and support their loved ones.
Ex aequo

$166,080

3680 Jeanne-Mance Street, 3rd Floor, Suite 328
Montreal, Quebec H2X 2K5
Tel.: 514 288-3852
E-mail: info@exaequo.net
Website: www.exaequo.net
Year Centraide funding began: 1981
Advocate the rights of persons with a motor disability while encouraging them to participate in the life of the agency and foster cooperation between social agencies that help the disabled.

Grossesse-secours

$79,832

79 Beaubien Street East
Montreal, Quebec H2S 1R1
Tel.: 514 271-0554
E-mail: info@grossesse-secours.org
Website: www.grossesse-secours.org
Year Centraide funding began: 1996
Support pregnant teens and women who are single-parents, experiencing financial difficulties or socially isolated.

Hirondelle (L’), Welcoming and Integration services for immigrants

$194,690

4652 Jeanne-Mance Street, 3rd Floor
Montreal, Quebec H2V 4J4
Tel.: 514 281-2038
E-mail: administration@hirondelle.qc.ca
Website: www.hirondelle.qc.ca
Year Centraide funding began: 1982
Welcome and integrate immigrants and refugees, support immigrant fathers, and get community members involved in making their integration into their new environment a success.

J’mе fais une place en garderie

$117,600

3490 Dandurand Street
Montreal, Quebec H1X 1N1
Tel.: 514 593-5135
E-mail: jmfpg@live.ca
Website: www.inclusionservicedegarde.com
Year Centraide funding began: 2010
Support families with a child under age 5 who has a motor impairment, regardless of whether it is associated with another impairment, in their efforts to integrate their child into a day-care facility.
### Maison des Femmes Sourdes de Montréal (La)  
**$73,500**  
4855 Boyer Street, Suite 105  
Montreal, Quebec  H2J 3E6  
Tel.: 514 255-5680  
E-mail: femmessourdes@mfsm.ca  
Website: www.mfsm.org  
Year Centraide funding began: 2005

Break the isolation and improve the living conditions of deaf women in the Montreal area who are victims of conjugal violence.

### Maison Marguerite de Montréal (La)  
**$108,000**  
Tel.: 514 932-2250  
E-mail: maisonmarguerite@qc.aira.com  
Website: www.maisonmarguerite.com  
Year Centraide funding began: 1984

Welcome and short-term shelter for women who are alone, homeless, destitute and undergoing a psychosocial crisis, and promote the social integration of particularly needy women.

### Moisson Montréal  
**$415,758**  
6880 Côte-de-Liesse Road  
Saint-Laurent, Quebec  H4T 2A1  
Tel.: 514 344-4494  
E-mail: info@moissonmontreal.org  
Website: www.moissonmontreal.org  
Year Centraide funding began: 1986

Promote food security in Montreal by picking up food from local producers and distributors and redistributing it to community agencies that help people in need of emergency food relief.

### Montreal Association for the Intellectually Handicapped  
**$111,700**  
633 Crémazie Blvd. East, Suite 100  
Montreal, Quebec  H2M 1L9  
Tel.: 514 381-2300  
E-mail: info@amdi.info  
Website: www.amdi.info  
Year Centraide funding began: 1973

Improve the quality of life of persons with an intellectual handicap on the Island of Montreal, while supporting their families.
### Montreal Diet Dispensary

$281,795

2182 Lincoln Avenue  
Montreal, Quebec H3H 1J3  
Tel.: 514 937-5375  
E-mail: info@dispensaire.ca  
Website: www.dispensaire.ca  
Year Centraide funding began: 1976

Promote health in the community and reduce the number of babies born with an insufficient birth weight in disadvantaged neighbourhoods by offering nutritional assistance and counselling to at-risk expectant mothers, encouraging them to take charge of their lives and the well-being of their family, and facilitating their social integration.

### Pro-gam – Center for intervention and research in conjugal and family violence

$97,000

1453 Beaubien Street East, Suite 205  
Montreal, Quebec H2G 3C6  
Tel.: 514 270-8462  
E-mail: info@pro-gam.ca  
Website: www.pro-gam.ca  
Year Centraide funding began: 1988

Prevent conjugal violence by working with violent spouses in partnership with other social agencies, by offering information and referral to women victims of violence, and by raising the awareness of women, children and the general public.

### Regroupement Partage

$99,800

3000 Beaubien Street East, local 207  
Montreal, Quebec H1Y 1H2  
Tel.: 514 383-2460  
E-mail: rmpim@bellnet.ca  
Website: www.magasinpartage.org  
Year Centraide funding began: 1997

Support local agencies that organize holiday season and back-to-school stores on the Island of Montreal so that disadvantaged persons can have access to a satisfactory choice of affordable food and other items.

### Regroupement pour la Valorisation de la Paternité (Le) (RVP)

$66,580

7245 Clark Street, Suite 303  
Montreal, Quebec H2R 2Y4  
Tel.: 514 528-9227  
E-mail: info@rvpaternite.org  
Website: www.rvpaternite.org  
Year Centraide funding began: 2004

Increase the standing of fathers in society and affirm the importance of their role in the life of their family and in the development and well-being of their children.
<table>
<thead>
<tr>
<th>Agency/Accreditation</th>
<th>Name</th>
<th>Amount</th>
<th>Address</th>
<th>City/Province</th>
<th>Postal Code</th>
<th>Phone</th>
<th>Email</th>
<th>Website</th>
<th>Year Centraide funding began</th>
</tr>
</thead>
<tbody>
<tr>
<td>Réseau d’aide aux personnes seules et itinérantes de Montréal (RAPSIM)</td>
<td>Réseau d’aide aux personnes seules et itinérantes de Montréal (RAPSIM)</td>
<td>$119,690</td>
<td>1431 Fullum Street, Suite 203</td>
<td>Montreal, Quebec</td>
<td>H2K 0B5</td>
<td>514 879-1949</td>
<td><a href="mailto:info@rapsim.org">info@rapsim.org</a></td>
<td><a href="http://www.rapsim.org">www.rapsim.org</a></td>
<td>1982</td>
</tr>
<tr>
<td></td>
<td>Promote cooperation among agencies working with homeless persons and advocate the rights of Montreal’s homeless population.</td>
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<tr>
<td>Third Avenue Resource Centre</td>
<td>Third Avenue Resource Centre</td>
<td>$107,800</td>
<td>3535 Parc Avenue, 3rd Floor</td>
<td>Montreal, Quebec</td>
<td>H2X 2H8</td>
<td>514 279-1286</td>
<td><a href="mailto:info@troisiemeavenue.org">info@troisiemeavenue.org</a></td>
<td><a href="http://www.troisiemeavenue.org">www.troisiemeavenue.org</a></td>
<td>2000</td>
</tr>
<tr>
<td></td>
<td>Empower parents and young people who are immigrants or belong to a minority ethnic group to play an active role in schools, collaborate with the school system and community agencies in developing new approaches to support the academic success of children, and promote equality and democracy in the public education system.</td>
<td></td>
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<tr>
<td></td>
<td>The Third Avenue Resource Centre coordinates the Parents in Action for Education program.</td>
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<tr>
<td></td>
<td>The aim of this program is to empower parents to become strong partners with local schools in finding solutions to problems that impede children’s school perseverance and success and to develop new ways of supporting parent participation.</td>
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<td></td>
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</tr>
<tr>
<td>Volunteer Bureau of Montreal</td>
<td>Volunteer Bureau of Montreal</td>
<td>$229,300</td>
<td>2015 Drummond Street, Suite 300</td>
<td>Montreal, Quebec</td>
<td>H3G 1W7</td>
<td>514 842-3351</td>
<td><a href="mailto:info@cabm.net">info@cabm.net</a></td>
<td><a href="http://www.cabm.net">www.cabm.net</a></td>
<td>1974</td>
</tr>
<tr>
<td></td>
<td>Centraide supports agencies that promote volunteering in several Greater Montreal districts. For more information, please see Volunteering, p. 6.</td>
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</tr>
</tbody>
</table>
Women’s Centre of Montréal  
3585 Saint-Urbain Street  
Montreal, Quebec  H2X 2N6  
Tel.: 514 842-1066  
E-mail: cfwmwcm@centredesfemmesdemtl.org  
Website: www.centredesfemmesdemtl.org  
Year Centraide funding began: 1978

Improve the quality of life and promote the individual and collective empowerment of women in Greater Montreal who are experiencing various problems and raise public awareness of the problems experienced by women.

Women’s Y of Montreal (YWCA)  
1355 René-Lévesque Blvd. West  
Montreal, Quebec  H3G 1T3  
Tel.: 514 866-9941  
E-mail: info@ydesfemmesmtl.org  
Website: www.ydesfemmesmtl.org  
Year Centraide funding began: 1976

Strengthen the economic and social roles of women of all ages and backgrounds and support their personal development and leadership capacities.

YMCAs of Québec (The) – Association Services  
1435 Drummond Street, 4th Floor  
Montreal, Quebec  H3G 1W4  
Tel.: 514 849-5331  
E-mail: contact@ymcaquebec.org  
Website: www.ymcaquebec.org  
Year Centraide funding began: 1981

Centraide supports YMCAs in several Greater Montreal districts. For more information, please see YMCA, community development services, p. 6.
The following agencies and projects serve the residents of the Ahuntsic district.

**Carrefour d’aide aux nouveaux arrivants (CANA)**

10780 Laverdure Street
Montreal, Quebec H3L 2L9
Tel.: 514 382-0735
E-mail: infocana@cana-montreal.org
Website: www.cana-montreal.org
Year Centraide funding began: 1998

Facilitate the social integration of new immigrants of all origins in the Ahuntsic district by bringing them out of their isolation and establishing egalitarian relationships with them based on trust and solidarity.

**Centre des femmes solidaires et engagées**

1586 Fleury Street East, Suite 100
Montreal, Quebec H2C 1S6
Tel.: 514 388-0980
E-mail: direction@cfse.ca
Website: www.cfse.ca
Year Centraide funding began: 1981

Promote the self-sufficiency of women from all backgrounds (and particularly those of Italian descent) by offering them a welcoming place where they can participate in self-help activities; increase their economic, social and emotional independence; and develop their potential.

**Comité logement Ahuntsic-Cartierville**

10780 Laverdure Street, Suite 208
Montreal, Quebec H3L 2L9
Tel.: 514 331-1773
E-mail: info@comitelogement.com
Website: www.comitelogement.com
Year Centraide funding began: 2002

Improve the living conditions of the most disadvantaged residents of the Ahuntsic-Cartierville district by advocating their housing rights, providing information to residents with a housing problem, and promoting social housing.
Pause-Famille  
$85,460
10780 Laverdure Street, Suite 105  
Montreal, Quebec H3L 2L9
Tel.: 514 382-3224  
E-mail: pausefamille@gmail.com  
Website: www.pausefamille.ca  
Year Centraide funding began: 2008
Offer a place of belonging and self-help to disadvantaged young mothers and families in Ahuntsic in order to improve their living conditions, break their isolation, promote the parent-child relationship and foster the overall development of their children.

RAP Jeunesse (Rue-Action-Prévention), programme Éducateur de rue  
$102,900
10780 Laverdure Street, Suite 207  
Montreal, Quebec H3L 2L9
Tel.: 514 388-7336  
E-mail: info@rapjeunesse.org  
Website: www.rapjeunesse.org  
Year Centraide funding began: 1999
Help young people between 12 and 25 years of age in the Bordeaux-Cartierville, Saint-Laurent and Ahuntsic districts to develop their personal abilities, a sense of responsibility and a community spirit in order to prevent violence, street gangs, violence, substance abuse and associated social problems.

Service de nutrition et d’action communautaire (SNAC)  
$128,400
10780 Laverdure Street, Suite 003  
Montreal, Quebec H3L 2L9
Tel.: 514 385-6499  
E-mail: info@lesnac.com  
Website: www.lesnac.com  
Year Centraide funding began: 1996
Provide services to improve the food security of residents in Ahuntsic who are under the low-income cut-off and promote their self-sufficiency and power to act.
Solidarité Ahuntsic

$117,620

10780 Laverdure Street, Suite 116
Montreal, Quebec  H3L 2L9
Tel.: 514 382-9090
E-mail: solidarite.ahuntsic@gmail.com
Website: www.solidariteahuntsic.org
Year Centraide funding began: 1995

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

This neighbourhood round table coordinates the Approche intégrée d’intervention dans Ahuntsic Sud project.

Support for round table $52,620
Support for project  $65,000

REGIONAL AGENCY LOCATED IN THE AHUNTSIC DISTRICT

Montreal Association for the Intellectually Handicapped

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Carrefour des femmes d’Anjou

$74,700

8664 Chaumont Avenue
Anjou, Quebec  H1K 1N5
Tel.: 514 351-7974
E-mail: cfanjou@cfanjou.ca
Website: www.cfanjou.ca
Year Centraide funding began: 1998

Improve the quality of life for women in the Anjou district and surrounding areas by bringing them out of their isolation and building their economic, social and emotional autonomy.
Concertation Anjou

6937 Baldwin Avenue
Anjou, Quebec H1K 3C6
Tel.: 514 351-4173
E-mail: info@concertationanjou.ca
Website: www.concertationanjou.ca
Year Centraide funding began: 2003

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

Service d’aide communautaire Anjou

6497 Azilda Avenue
Anjou, Quebec H1K 2Z8
Tel.: 514 354-4299
E-mail: info@sacanjou.org
Website: www.sacanjou.org
Year Centraide funding began: 1978

Improve the quality of life of residents of the Anjou district, encourage isolated seniors to take part in the life of the community, foster concerted action by local community agencies, and promote and coordinate volunteering.
The following agencies and projects serve the residents of this district.

**Centre d’appui aux communautés immigrantes de Bordeaux-Cartierville (CACI)**  
$127,400

4770 de Salaberry Street  
Montreal, Quebec  H4J 1H6  
Tel.: 514 856-3511  
E-mail: info@caci-bc.org  
Website: www.caci-bc.org  
Year Centraide funding began: 1996

Facilitate the social integration of newly arrived immigrants and refugees in Bordeaux-Cartierville and promote awareness of new cultural realities within the community.

**Conseil Local des Intervenants Communautaires de Bordeaux-Cartierville (CLIC)**  
$95,720

1405 Henri-Bourassa Blvd. West, Suite 204  
Montreal, Quebec  H3M 3B2  
Tel.: 514 332-6348  
E-mail: infos@clic-bc.ca  
Website: www.clic-bc.ca  
Year Centraide funding began: 1995

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.  
This neighbourhood round table coordinates a citizen mobilization project in the context of collective initiatives.

Support for round table  
$51,620  
Support for project  
$44,100

**Corbeille – Bordeaux-Cartierville (La)**  
$50,000

5090 Dudemaine Street  
Montreal, Quebec  H4J 1N6  
Tel.: 514 856-0838  
E-mail: info@lacorbeillebc.org  
Website: www.lacorbeillebc.org  
Year Centraide funding began: 1998

Promote the social and job integration of the residents of Ahuntsic, Bordeaux, Cartierville and Saint-Laurent, and help those in a situation of food insecurity.
<table>
<thead>
<tr>
<th>Agency Name</th>
<th>Contact Information</th>
<th>Funding</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fondation de la Visite (La) – Bordeaux-Cartierville</td>
<td>Tel.: 514 329-2800 E-mail: <a href="mailto:delavisite@videotron.ca">delavisite@videotron.ca</a> Website: <a href="http://www.delavisite.org">www.delavisite.org</a></td>
<td>This agency is a point of service. For more information, please see Fondation de la Visite (La), p. 63.</td>
<td></td>
</tr>
<tr>
<td>Maison des parents de Bordeaux-Cartierville (La)</td>
<td>5680 de Salaberry Street, Apt. 2 Montreal, Quebec H4J 1J7 Tel.: 514 745-1144 E-mail: <a href="mailto:info@lamdpb-c.org">info@lamdpb-c.org</a> Website: <a href="http://www.lamdpb-c.org">www.lamdpb-c.org</a> Year Centraide funding began: 2001</td>
<td>$99,920</td>
<td>Offer a welcoming place where parents can meet, discuss issues of common concern, find a friendly ear, obtain support and receive parenting skills training, and promote harmonious and democratic intercultural and intergenerational ties.</td>
</tr>
<tr>
<td>Volunteer Bureau of Bordeaux-Cartierville</td>
<td>1405 Henri-Bourassa Blvd. West, Suite 200 Montreal, Quebec H3M 3B2 Tel.: 514 856-3553 E-mail: <a href="mailto:cabbc@cabbc.org">cabbc@cabbc.org</a> Website: <a href="http://www.cabbc.org">www.cabbc.org</a> Year Centraide funding began: 1993</td>
<td>$101,100</td>
<td>Centraide supports agencies that promote volunteering in several Greater Montreal districts. For more information, please see Volunteering, p. 6.</td>
</tr>
</tbody>
</table>
The following agencies and projects serve the residents of this district.

**Au coup de pouce Centre-Sud**  
$76,110

2338 Ontario Street East  
Montreal, Quebec  H2K 1W1  
Tel.: 514 521-2439  
E-mail: admin@aucoupdepouce.qc.ca  
Website: www.aucoupdepouce.qc.ca  
Year Centraide funding began: 1977

Help people in the neighbourhood by breaking their isolation, encouraging mutual aid, and promoting their individual and collective responsibility.

**Carrefour de Ressources en Interculturel (CRIC)**  
$83,300

1851 Dufresne Street, Suite 1  
Montreal, Quebec  H2K 3K4  
Tel.: 514 525-2778  
E-mail: coordo@criccentresud.org  
Website: www.criccentresud.org  
Year Centraide funding began: 2000

Bring together and develop intercultural resources, with and for community agencies and residents of the Centre-Sud borough, to improve intercultural connections between all neighbourhood communities.

**Centre d’éducation et d’action des femmes de Montréal**  
$98,000

2422 de Maisonneuve Blvd. East  
Montreal, Quebec  H2K 2E9  
Tel.: 514 524-3901  
E-mail: info@ceaf-montreal.qc.ca  
Website: www.ceaf-montreal.qc.ca  
Year Centraide funding began: 1982

Provide disadvantaged women in the Centre-Sud district of Montreal with a place where they can participate in self-help activities, increase their financial, emotional and social independence, and develop their potential.
<table>
<thead>
<tr>
<th>Corporation de développement communautaire Centre-Sud</th>
<th>$94,720</th>
</tr>
</thead>
<tbody>
<tr>
<td>2187 Larivière Street</td>
<td></td>
</tr>
<tr>
<td>Montreal, Quebec H2K 1P5</td>
<td></td>
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<tr>
<td>Tel.: 514 521-0467</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:info@cdccentresud.org">info@cdccentresud.org</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.cdccentresud.org">www.cdccentresud.org</a></td>
<td></td>
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<tr>
<td>Year Centraide funding began: 1997</td>
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</table>

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

<table>
<thead>
<tr>
<th>Projet T.R.I.P. (drug abuse, assistance, information, prevention)</th>
<th>$93,100</th>
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</thead>
<tbody>
<tr>
<td>2000 Parthenais Street, Suite 1728</td>
<td></td>
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<tr>
<td>Montreal, Quebec H2K 3S9</td>
<td></td>
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<tr>
<td>Tel.: 514 596-5711, ext. 1327</td>
<td></td>
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<tr>
<td>E-mail: <a href="mailto:projet_trip@yahoo.ca">projet_trip@yahoo.ca</a></td>
<td></td>
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<tr>
<td>Website: <a href="http://www.projet-trip.org">www.projet-trip.org</a></td>
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<tr>
<td>Year Centraide funding began: 1989</td>
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</table>

Provide youth aged 12 to 20 in the Centre-Sud district with guidance in the development of their full potential through interventions adapted to their needs and centred on substance abuse and violence prevention, sex education and citizenship promotion.

<table>
<thead>
<tr>
<th>Relance Jeunes et Familles (La)</th>
<th>$183,375</th>
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<tbody>
<tr>
<td>2200 Parthenais Street</td>
<td></td>
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<tr>
<td>Montreal, Quebec H2K 3T4</td>
<td></td>
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<tr>
<td>Tel.: 514 525-1508</td>
<td></td>
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<tr>
<td>E-mail: <a href="mailto:direction@relance.org">direction@relance.org</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.relance.org">www.relance.org</a></td>
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<tr>
<td>Year Centraide funding began: 1994</td>
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</tbody>
</table>

Help needy families in the Centre-Sud district of Montreal by promoting the overall development of children and enhancing the parental role.
Ruelle de l’Avenir

2040 Alexandre-DeSève Street
Montreal, Quebec H2L 2W4
Tel.: 514 525-4233
E-mail: info@ruelledelavenir.org
Website: www.ruelledelavenir.org
Year Centraide funding began: 2002

Promote the development of children, youth and their parents by offering them appropriate support and services; address a variety of social problems, including school dropouts by promoting skills development and offering different kinds of training; focus on meeting the priority needs of neighbourhood families. **Ruelle de l’Avenir coordinates the 80 Transit program.** In order to promote the full potential of young people in primary school and high school, the 80 Transit program provides a stimulating environment, homework assistance, as well as themed workshops in cooking, gardening, the sciences, the arts and electronic media.

Spectre de rue

1280 Ontario Street East
Montreal, Quebec H2L 1R6
Tel.: 514 528-1700
E-mail: administration@spectrederue.org
Website: www.spectrederue.org
Year Centraide funding began: 1999

Prevent troubled youth from ending up on the street, reduce the risks associated with homelessness, prostitution and substance abuse, identify signs of distress in street kids, and improve their access to community and health services.

**REGIONAL AGENCIES LOCATED IN THE CENTRE-SUD DISTRICT**

- Association québécoise des parents et amis de la personne atteinte de maladie mentale (AQPAMM)
- Centre St-Pierre
- En marge 12-17
- Regroupement des cuisines collectives du Québec
- Réseau d’aide aux personnes seules et itinérantes de Montréal (Le) (RAPSIM)
- Union des travailleuses et travailleurs accidentés ou malades (uttam)
The following agencies and projects serve the residents of this district.

**Agence Ometz**

1 Cummings Square, 3rd Floor  
Montreal, Quebec H3W 1M6  
Tel.: 514 342-0000  
E-mail: info@ometz.ca  
Website: www.ometz.ca  
Year Centraide funding began: 2005

Support individuals and families, especially during periods of vulnerability, by promoting empowerment, building self-reliance and offering preventive, educational and therapeutic services.

**Baobab Familial**

6767 Côte-des-Neiges Road, Suite 599  
Montreal, Quebec H3S 2T6  
Tel.: 514 734-4097  
E-mail: information@baobabfamilial.org  
Website: www.baobabfamilial.org  
Year Centraide funding began: 2003

Empower and promote the social integration of families, particularly families with young children from the cultural communities in the Darlington neighbourhood in the northern area of Côte-des-Neiges.

**Cafétéria communautaire Multi Caf (La)**

3600 Barclay Avenue, Suite 320  
Montreal, Quebec H3S 1K5  
Tel.: 514 733-0554  
E-mail: info@multicaf.org  
Website: www.multicaf.org  
Year Centraide funding began: 1987

Increase the food security of disadvantaged Côte-des-Neiges residents while bringing them out of their isolation, encouraging them to become involved in their community, and helping them to take charge of their lives.
<table>
<thead>
<tr>
<th>Agency/Project Name</th>
<th>Funding</th>
<th>Address</th>
<th>Contact Details</th>
<th>Year Centraide Funding Began</th>
</tr>
</thead>
<tbody>
<tr>
<td>Centre communautaire de loisir de la Côte-des-Neiges</td>
<td>$232,500</td>
<td>5347 Côte-des-Neiges Road</td>
<td>Montreal, Quebec H3T 1Y4</td>
<td>1981</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Tel.: 514 733-1478</td>
<td>E-mail: <a href="mailto:secretariat@cclcdn.qc.ca">secretariat@cclcdn.qc.ca</a></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Website: <a href="http://www.cclcdn.qc.ca">www.cclcdn.qc.ca</a></td>
<td></td>
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</tr>
<tr>
<td></td>
<td></td>
<td>Improve the quality of life of</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Côte-des-Neiges residents–especially immigrants,</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>single-parent families and low-income families–by bringing them out of their isolation and promoting their independence, social integration, and individual and collective empowerment through educational, training and recreational activities.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Community Center Mountain Sights</td>
<td>$49,000</td>
<td>7802 Mountain Sights Avenue</td>
<td>Montreal, Quebec H4P 2B2</td>
<td>2012</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Tel.: 514 737-4644</td>
<td>E-mail: <a href="mailto:c.c.m.s@videotron.ca">c.c.m.s@videotron.ca</a></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Year Centraide funding began: 2012</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>Improve the quality of life in the Mountain Sights area by helping underprivileged families and residents in the sector and encouraging them to become actively involved in their community.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Corporation de développement communautaire de Côte-des-Neiges</td>
<td>$51,620</td>
<td>6767 Côte-des-Neiges Road, Suite 695</td>
<td>Montreal, Quebec H3S 2T6</td>
<td>1997</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Tel.: 514 739-7731</td>
<td>E-mail: <a href="mailto:coordination@conseilcdn.qc.ca">coordination@conseilcdn.qc.ca</a></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Website: <a href="http://www.conseilcdn.qc.ca">www.conseilcdn.qc.ca</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Côte-des-Neiges Black Community Association</td>
<td>$113,630</td>
<td>6585 Côte-des-Neiges Road</td>
<td>Montreal, Quebec H3S 2A5</td>
<td>1981</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Tel.: 514 737-8321</td>
<td>E-mail: <a href="mailto:cdnbca@cdnbca.org">cdnbca@cdnbca.org</a></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Website: <a href="http://www.cdnbca.org">www.cdnbca.org</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Help people in the Black community of Côte-des-Neiges, particularly young people and families, to develop their full social, economical and intellectual potential through educational, cultural and recreational activities.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Cummings Centre
5700 Westbury Avenue
Montreal, Quebec H3W 3E8
Tel.: 514 343-3501
E-mail: info@cummingscentre.org
Website: www.cummingscentre.org
Year Centraide funding began: 2005
Promote the quality of life of seniors while helping them to maintain their independence and create an atmosphere that promotes positive attitudes toward aging and acknowledges the dignity and self-worth of the individual.

Organisation d’éducation et d’information logement de Côte-des-Neiges (OEIL)
3600 Barclay Street, Suite 344
Montreal, Quebec H3S 1K5
Tel.: 514 738-0101
E-mail: oeilcdn@videotron.ca
Website: www.oeilcdn.org
Year Centraide funding began: 1975
Help disadvantaged Côte-des-Neiges residents who have housing problems, advocate their rights, and promote social housing.

Project Genesis
4735 Côte-Sainte-Catherine Road
Montreal, Quebec H3W 1M1
Tel.: 514 738-2036
E-mail: michael@genese.qc.ca
Website: www.genese.qc.ca
Year Centraide funding began: 2005
Support seniors, newly arrived immigrants and low-income individuals by improving their access to government and community social services, encouraging them to take part in the life of their community, and helping them to solve problems concerning housing, welfare, immigration, pensions and other poverty-related legal issues.

PROMIS (PROMotion, Intégration, Société nouvelle)
3333 Côte-Sainte-Catherine Road
Montreal, Quebec H3T 1C8
Tel.: 514 345-1615
E-mail: info@promis.qc.ca
Website: www.promis.qc.ca
Year Centraide funding began: 1993
Promote the social integration of immigrants and refugees, advocate their rights and help them settle in the regions.
Service d’interprète d’aide et de référence aux immigrants (SIARI) $133,300

6767 Côte-des-Neiges Road, Suite 499
Montreal, Quebec H3S 2T6
Tel.: 514 738-4763
E-mail: direction@siari.org
Website: www.siari.org
Year Centraide funding began: 1986

Facilitate the social integration of immigrants in the Côte-des-Neiges district.

Action centre-ville (Montréal) $119,600

105 Ontario Street East, Suite 201
Montreal, Quebec H2X 1G9
Tel.: 514 878-0847
E-mail: info@acv-montreal.com
Website: www.acv-montreal.com
Year Centraide funding began: 1987

Offer a place of belonging and self-help to seniors in downtown Montreal in order to break their isolation, help them maintain their autonomy, and promote their community participation and individual and collective empowerment by encouraging them to get involved in the management of the agency.

ENSEMBLE for the respect of diversity $95,000

180 René-Lévesque Blvd. East, Suite 420
Montreal (Quebec) H2X 1N6
Tel.: 514 842-4848
E-mail: info@ensemble-rd.com
Website: www.ensemble-rd.com
Year Centraide funding began: 2017

Work with young people to promote and respect differences and engage in dialogue to build environments without discrimination or bullying.
<table>
<thead>
<tr>
<th>Organization</th>
<th>Amount</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Website</th>
<th>Year Centraide funding began</th>
</tr>
</thead>
<tbody>
<tr>
<td>Love</td>
<td>$23,750</td>
<td>400 Saint-Jacques Street, Suite 300 Montreal (Quebec) H2Y 1S1 Tel.: 514 938-0006 E-mail: <a href="mailto:info@vivresansviolence.org">info@vivresansviolence.org</a> Website: vivresansviolence.org Year Centraide funding began: 2017</td>
<td>End the cycle of violence in the lives of young people while inspiring them to become prevention leaders in their communities through school and after-school programs.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Option consommateurs (ACEF Centre de Montréal)</td>
<td>$116,745</td>
<td>50 Sainte-Catherine Street West, Suite 440 Montreal, Quebec H2X 3V4 Tel.: 514 598-7288 E-mail: <a href="mailto:info@option-consommateurs.org">info@option-consommateurs.org</a> Website: <a href="http://www.option-consommateurs.org">www.option-consommateurs.org</a> Year Centraide funding began: 1975</td>
<td>Promote sound budgeting, debt avoidance and financial self-sufficiency among low-income individuals, especially young couples, seniors and single parents.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Passages : ressources pour jeunes femmes en difficulté</td>
<td>$122,540</td>
<td>P.O. Box 1414, Station Desjardins Montreal, Quebec H5B 1H3 Tel.: 514 875-8119 E-mail: <a href="mailto:direction@maisonpassages.com">direction@maisonpassages.com</a> Website: <a href="http://www.maisonpassages.com">www.maisonpassages.com</a> Year Centraide funding began: 1992</td>
<td>Improve the health, safety and quality of life of young women aged 18 to 30 who are in difficulty and experiencing problems relating to prostitution and substance abuse, by supporting their efforts to take charge of their lives and reintegrate into society.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Table de concertation du Faubourg Saint-Laurent</td>
<td>$54,120</td>
<td>1700 Amherst Street Montreal, Quebec H2L 3L5 Tel.: 514 288-0404 E-mail: <a href="mailto:info@faubourgstlaurent.ca">info@faubourgstlaurent.ca</a> Website: <a href="http://www.faubourgstlaurent.ca">www.faubourgstlaurent.ca</a> Year Centraide funding began: 2005</td>
<td>Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
YMCA – Downtown branch Community Centre  
1440 Stanley Street, 6th Floor  
Montreal, Quebec  H3A 1P7  
Tel.: 514 849-8393  
E-mail: art.campbell@ymcaquebec.org  
Website: www.ymcaquebec.org  
Year Centraide funding began: 1981

Centraide supports YMCA in several Greater Montreal districts. For more information, please see YMCA, community development services, p. 6.

REGIONAL AGENCIES LOCATED IN THE DOWNTOWN DISTRICT

Chez Doris, The Women’s Shelter Foundation............................................. 23
Chinese Family Service of Greater Montreal............................................. 24
Montreal Diet Dispensary................................................................. 27
Women’s Y of Montreal (YWCA).......................................................... 29
YMCA of Quebec (The) – Association Services.................................... 29

REGIONAL AGENCIES LOCATED IN THE DOWNTOWN DISTRICT
Hochelaga-Maisonneuve

The following agencies and projects serve the residents of this district.

#### Auberge du coeur l’Escalier

- **Address:** 2295 Desjardins Avenue, Apt. 1
- **City:** Montreal
- **Province:** Quebec
- **Postal Code:** H1V 2H6
- **Telephone:** 514 252-9886
- **Email:** habitationsescalier@videotron.ca
- **Website:** [www.distributionsescalier.com](http://www.distributionsescalier.com)
- **Year Centraide funding began:** 1989

Support young adults aged 18 to 30 who are homeless or in difficulty by helping them to take charge of their lives, integrate into society and improve their job readiness.

#### Carrefour Familial Hochelaga

- **Address:** 1611 d’Orléans Avenue
- **City:** Montreal
- **Province:** Quebec
- **Postal Code:** H1W 3R4
- **Telephone:** 514 523-9283
- **Email:** carrefour@carrefourfamilial.com
- **Website:** [www.carrefourfamilial.com](http://www.carrefourfamilial.com)
- **Year Centraide funding began:** 1982

Improve the quality of life of families in the Hochelaga-Maisonneuve district by promoting individual, family and collective empowerment.

#### Carrefour Parenfants

- **Address:** 4650 Ontario Street East
- **City:** Montreal
- **Province:** Quebec
- **Postal Code:** H1V 1L2
- **Telephone:** 514 259-6127
- **Email:** info@carrefourparenfants.org
- **Website:** [www.carrefourparenfants.org](http://www.carrefourparenfants.org)
- **Year Centraide funding began:** 1999

Promote the well-being of families experiencing serious problems by focusing on childhood development and supporting parents in their responsibilities and personal development. Break the cycle of poverty and delinquency.
**CCSE Maisonneuve**

4375 Ontario Street East  
Montreal, Quebec  H1V 1K5
Tel.: 438 384-3332  
E-mail: ccse@ccse.ca  
Website: www.ccse.ca

Year Centraide funding began: 1978

Create a healthy environment for disadvantaged people of all ages who live in the Maisonneuve area and promote their individual empowerment by offering community, cultural, sports and outdoor leisure activities.

**Chic Resto Pop (Le)**

1500 d’Orléans Avenue  
Montreal, Quebec  H1W 3R1
Tel.: 514 521-4089  
E-mail: infos@chicrestopop.com  
Website: www.chicrestopop.com

Year Centraide funding began: 1986

Empower individuals by developing their employability and increasing their independence, while opposing all forms of exclusion and promoting the values of mutual respect and human dignity.

**Fondation de la Visite (La) – Hochelaga-Maisonneuve**

Tel.: 514 329-2800  
E-mail: delavisite@videotron.ca  
Website: www.delavisite.org

This agency is a point of service. For more information, please see Fondation de la Visite (La), p. 63.

**Je Passe Partout**

4731 Sainte-Catherine Street East  
Montreal, Quebec  H1V 1Z3
Tel.: 514 521-8235  
E-mail: direction@jepassepartout.org  
Website: www.jepassepartout.org

Year Centraide funding began: 1997

Promote the academic success of elementary and secondary school students in the Hochelaga-Maisonneuve district who are having trouble with their schoolwork and support their parents.
Maison À Petits Pas (La)  
$87,910  
3511 de Rouen Street  
Montreal, Quebec H1W 1L8  
Tel.: 514 522-6461  
E-mail: info@lamapp.org  
Website: www.lamapp.org  
Year Centraide funding began: 1983  
Offer a welcoming environment with a wide range of services and activities, including information and referral, listening, mutual aid and self-help, to parents and anyone concerned with the well-being of families.

Maison des Enfants de l’île de Montréal (La)  
$135,800  
1844 Pie-IX Blvd.  
Montreal, Quebec H1V 2C6  
Tel.: 514 526-9128  
E-mail: info@lamaisondesenfants.qc.ca  
Website: www.lamaisondesenfants.qc.ca  
Year Centraide funding began: 1989  
Contribute to the development of 5 to 12 year old children in Hochelaga-Maisonneuve by instructing them in conflict-resolution, promoting positive parent-child relations through the creation of self-help networks, and raising public awareness of children’s need for love and security.

Sentier Urbain – Partenariat et mobilisation citoyenne  
$49,000  
1710 Beaudry Street, Suite 3.0  
Montreal, Quebec H2L 3E7  
Tel.: 514 521-9292  
E-mail: info@sentierurbain.org  
Website: www.sentierurbain.org  
Year Centraide funding began: 2012  
Give the public and community agencies tools to reclaim or rebuild vacant or underdeveloped lots to enhance their social value, create green spaces and increase the sense of belonging among residents in Mercier–Hochelaga-Maisonneuve.

Table de quartier  
Hochelaga-Maisonneuve (La)  
$52,620  
1691 Pie-IX Blvd., Suite 406  
Montreal, Quebec H1V 2C3  
Tel.: 514 523-5395  
E-mail: communication@ltqhm.org  
Website: www.cdichm.qc.ca  
Year Centraide funding began: 1996  
Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.
YMCA – Hochelaga-Maisonneuve
Community Centre

<table>
<thead>
<tr>
<th>Address</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>4567 Hochelaga Street</td>
<td>$120,279</td>
</tr>
<tr>
<td>Montreal, Quebec H1V 1C8</td>
<td></td>
</tr>
<tr>
<td>Tel.: 255-3495 poste 2236</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:brigitte.crevier@ymcaquebec.org">brigitte.crevier@ymcaquebec.org</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.ymcaquebec.org">www.ymcaquebec.org</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began:</td>
<td>1981</td>
</tr>
</tbody>
</table>

Centraide supports YMCAs in several Greater Montreal districts. For more information, please see YMCA, community development services, p. 6.

REGIONAL AGENCIES LOCATED IN THE HOCHELAGA-MAISONNEUVE DISTRICT

- Accueil liaison pour arrivants (ALPA) .......................................................... 21
- Big Brothers Big Sisters of Greater Montreal ............................................. 13
- Information and Referral Centre of Greater Montreal .............................. 15
### ISLAND OF MONTREAL

**Comité de vie de quartier Duff-Court (COVIQ)**

- **Address:** 1830 Duff-Court Street, Suite 103, Lachine, Quebec H8S 1C8
- **Tel.:** 514 634-5055
- **E-mail:** info@coviq.org
- **Website:** www.coviq.org
- **Year Centraide funding began:** 2003

Improve the quality of life of disadvantaged residents of the neighbourhood adjacent to Duff-Court Street in Lachine by encouraging them to become actively involved in the development of their living environment.

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**Centre multi-ressources de Lachine**

- **Address:** 800 Sherbrooke Street, Suite 206, Lachine, Quebec H8S 1H2
- **Tel.:** 514 634-3658
- **E-mail:** accueil@cmrl.ca
- **Website:** www.cmrl.ca
- **Year Centraide funding began:** 1979

Improve the quality of life of persons who need help looking after themselves and disadvantaged families in Lachine.

---

**Carrefour d’Entraide Lachine – Saint-Pierre**

- **Address:** 59 Saint-Pierre Street, Lachine, Quebec H8R 1B1
- **Tel.:** 514 473-7295
- **E-mail:** sylviemobile@hotmail.com
- **Website:** www.carrefourdentreide.org

This agency is a point of service. For more information, please see Carrefour d’Entraide Lachine above.

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**Carrefour d’Entraide Lachine**

- **Address:** 1176 Provost Street, Lachine, Quebec H8S 1N5
- **Tel.:** 514 634-3686
- **E-mail:** info@carrefourdentreide.org
- **Website:** www.carrefourdentreide.org
- **Year Centraide funding began:** 1975

Promote the food security of the disadvantaged residents of Lachine, LaSalle and Ville Saint-Pierre in order to improve their quality of life.

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**Comité de vie de quartier Duff-Court (COVIQ)**

- **Address:** 1830 Duff-Court Street, Suite 103, Lachine, Quebec H8S 1C8
- **Tel.:** 514 634-5055
- **E-mail:** info@coviq.org
- **Year Centraide funding began:** 2003

Improve the quality of life of disadvantaged residents of the neighbourhood adjacent to Duff-Court Street in Lachine by encouraging them to become actively involved in the development of their living environment.
<table>
<thead>
<tr>
<th>Agency</th>
<th>Funding</th>
<th>Address</th>
<th>Contact Information</th>
<th>Year Centraide funding began</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lachine Senior Citizen Resources (The Teapot)</td>
<td>$114,950</td>
<td>2901 Saint-Joseph Blvd. Lachine, Quebec H8S 4B7 Tel.: 514 637-5627 E-mail: <a href="mailto:teapot@theteapot.org">teapot@theteapot.org</a> Website: <a href="http://www.theteapot.org">www.theteapot.org</a> Year Centraide funding began: 2004</td>
<td>Improve the quality of life and promote the independence of Anglophone seniors in Lachine and the surrounding area, while fostering self-help, caring and sharing.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Concert’Action Lachine</td>
<td>$49,620</td>
<td>735 Notre-Dame Street, Suite 201 Lachine, Quebec H8S 2B5 Tel.: 514 300-2045 E-mail: <a href="mailto:info@concertactionlachine.com">info@concertactionlachine.com</a> Website: <a href="http://www.concertactionlachine.com">www.concertactionlachine.com</a> Year Centraide funding began: 2003</td>
<td>Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>La P’tite Maison de Saint-Pierre</td>
<td>$79,200</td>
<td>41 Ouellette Avenue Lachine, Quebec H8R 1L4 Tel.: 514 544-1319 E-mail: <a href="mailto:coordination.ptitemaison@gmail.com">coordination.ptitemaison@gmail.com</a> Website: <a href="http://www.laptitemaisonsaintpierre.org">www.laptitemaisonsaintpierre.org</a> Year Centraide funding began: 2013</td>
<td>Improve the quality of life and break the isolation of Ville Saint-Pierre residents by promoting citizen involvement and the creation of support networks.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fondation de la Visite (La) – Lachine</td>
<td></td>
<td></td>
<td>Tel.: 514 329-2800 E-mail: <a href="mailto:delavisite@videotron.ca">delavisite@videotron.ca</a> Website: <a href="http://www.delavisite.org">www.delavisite.org</a> This agency is a point of service. For more information, please see Fondation de la Visite (La), p. 63</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Comité logement Lachine-LaSalle</td>
<td>$85,500</td>
<td>426 Saint-Jacques Street Lachine, Quebec H8R 1E8 Tel.: 514 544-4294 E-mail: <a href="mailto:logement.lachine-lasalle@videotron.ca">logement.lachine-lasalle@videotron.ca</a> Year Centraide funding began: 2006</td>
<td>Promote and protect access to housing for the neediest residents of LaSalle and Lachine.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
La Petite-Patrie

The following agencies and projects serve the residents of this district.

Bureau de la communauté haïtienne de Montréal

6970 Marquette Street
Montreal, Quebec H2E 2C7
Tel.: 514 725-9508
E-mail: info@bchm.ca
Website: www.bchm.ca
Year Centraide funding began: 2007

Work with vulnerable families from ethnocultural communities in the centre of the Island of Montreal to help them overcome isolation and poverty by promoting their social success.

Comité logement de la Petite-Patrie

6839-A Drolet Street
Montreal, Quebec H2S 2T1
Tel.: 514 272-9006
E-mail: clpp6839@gmail.com
Website: www.comitelogementpetitepatrie.org
Year Centraide funding began: 1984

Improve the living conditions of the most disadvantaged residents of La Petite-Patrie district by advocating their housing rights, providing information to residents with a housing problem, and promoting social housing.

Echo des femmes de la Petite Patrie (L')

6032 Saint-Hubert Street
Montreal, Quebec H2S 2L7
Tel.: 514 277-7445
E-mail: echo@echodesfemmesdelapetitepatrie.org
Website: www.echodesfemmesdelapetitepatrie.org
Year Centraide funding began: 1998

Break the isolation of women, regardless of their origin, status or sexual orientation, by providing them with a place where they can participate in self-help activities, increase their social, economic and emotional independence, and develop their potential.
Regroupement des Tables de concertation de la Petite-Patrie (RTCPP)  

6839-A Drolet Street, Suite 302  
Montreal, Quebec  H2S 2T1  
Tel.: 514 419-6072  
E-mail: coordination@petitepatrie.org  
Website: www.petitepatrie.org  
Year Centraide funding began: 1997

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

Service d’aide et de liaison pour immigrants – La Maisonnée  

6865 Christophe-Colomb Avenue  
Montreal, Quebec  H2S 2H3  
Tel.: 514 271-3533  
E-mail: info@lamaisonnee.org  
Website: www.lamaisonnee.org  
Year Centraide funding began: 1986

Facilitate the social and occupational integration of newly arrived immigrants, help them at all stages of their settlement in Quebec, and raise awareness in the host society and among new immigrants of the advantages of learning to live together, strengthening social ties and promoting values.

REGIONAL AGENCIES LOCATED IN THE PETITE-PATRIE DISTRICT

Grossesse-secours .......................................................... 25  
Maison Marguerite de Montréal (La) ................................. 26  
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Multi-Ethnic Association for the Integration of Persons with Disabilities...... 16  
Pro-gam – Center for intervention and research in conjugal and  
family violence ................................................................. 27  
Rank and File ........................................................................ 16
LaSalle

The following agencies and projects serve the residents of this district.

Centre du Vieux Moulin de LaSalle

7644 Édouard Street, Suite 210
LaSalle, Quebec H8P 1T3
Tel.: 514 364-1541
E-mail: direction@cvmlasalle.org
Website: www.cvmlasalle.org
Year Centraide funding began: 1988
Break the isolation, improve the quality of life and preserve the independence of seniors or persons in the borough of LaSalle who need help looking after themselves.

Corporation l’Espoir

55 Dupras Street, Suite 511
LaSalle, Quebec H8R 4A8
Tel.: 514 367-3757
E-mail: info@corporationespoir.org
Website: www.corporationespoir.org
Year Centraide funding began: 1981
Help persons with an intellectual disability in the southwest area of Montreal by facilitating their social integration, encouraging them to take part in community life, and advocating their rights.

Maison des familles de La Salle

535 Lafleur Avenue
LaSalle, Quebec H8R 3J3
Tel.: 514 364-1332
E-mail: info@mflasalle.com
Website: www.mflasalle.com
Provide a space where LaSalle families can go to be welcomed, listened to, educated and supported.

Nutri-Centre LaSalle

408-A Lafleur Street
LaSalle, Quebec H8R 3H6
Tel.: 514 365-3670
E-mail: administration@nutricentrelasalle.com
Year Centraide funding began: 1999
Offer support and information to groups and individuals who are involved or interested in fighting poverty and promoting food security.
Table de développement social de LaSalle $24,810

9160-M Airlie Street
LaSalle, Quebec H8R 2A5
Tel.: 514 367-6340
E-mail: direction@tdslasalle.org
Website: www.tdslasalle.org
Year Centraide funding began: 2005

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

Ateliers d’éducation populaire du Plateau $84,520

4273 Drolet Street
Montreal, Quebec H2W 2L7
Tel.: 514 350-8881
E-mail: soutien-administratif@aepp.ca
Website: www.aepp.ca
Year Centraide funding began: 1985

Help adults in Le Plateau-Mont-Royal, and particularly people who are socially or economically disadvantaged, to express themselves, address their difficulties and find solutions so that they can shape their environment and their future.

Comité logement du Plateau Mont-Royal $124,515

4450 Saint-Hubert Street, Suite 328
Montreal, Quebec H2J 2W9
Tel.: 514 527-3495
E-mail: clplateau@yahoo.ca
Website: www.clpmr.com
Year Centraide funding began: 1974

Improve the living conditions of the most disadvantaged residents of the Plateau-Mont-Royal district by advocating their housing rights, providing information to residents with a housing problem, and promoting social housing.
<table>
<thead>
<tr>
<th>Corporation de développement communautaire</th>
<th>Action Solidarité Grand Plateau</th>
<th>$51,620</th>
</tr>
</thead>
<tbody>
<tr>
<td>4450 Saint-Hubert Street, Suite 226</td>
<td>Montreal, Quebec H2J 2W9</td>
<td></td>
</tr>
<tr>
<td>Tel.: 514 528-8656</td>
<td></td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:info@asgp.qc.ca">info@asgp.qc.ca</a></td>
<td></td>
<td></td>
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<tr>
<td>Website: <a href="http://www.asgp.qc.ca">www.asgp.qc.ca</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 1995</td>
<td></td>
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</tbody>
</table>

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

<table>
<thead>
<tr>
<th>Maison d’Aurore (La)</th>
<th>$127,380</th>
</tr>
</thead>
<tbody>
<tr>
<td>4816 Garnier Street</td>
<td>Montreal, Quebec H2J 4B4</td>
</tr>
<tr>
<td>Tel.: 514 527-9075</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:info@maisonaurore.org">info@maisonaurore.org</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.maisonaurore.org">www.maisonaurore.org</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 1984</td>
<td></td>
</tr>
</tbody>
</table>

Receive, assemble and coach residents of the Plateau-Mont-Royal district in order to improve their living conditions and environment and to increase their sense of belonging to the community, the dissemination of information and the development of lasting ties.

<table>
<thead>
<tr>
<th>Plein Milieu</th>
<th>$76,733</th>
</tr>
</thead>
<tbody>
<tr>
<td>4677 Saint-Denis Street</td>
<td>Montreal, Quebec H2J 2L5</td>
</tr>
<tr>
<td>Tel.: 514 524-3661</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:dg@pleinmilieu.qc.ca">dg@pleinmilieu.qc.ca</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.pleinmilieu.qc.ca">www.pleinmilieu.qc.ca</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 1999</td>
<td></td>
</tr>
</tbody>
</table>

Prevent troubled young people from ending up on the street in the Plateau-Mont-Royal district, reduce the risks and distress associated with street life, identify signs of distress in street kids, and improve their access to community and health services.

<table>
<thead>
<tr>
<th>Projet Changement – centre communautaire pour aînés</th>
<th>$172,731</th>
</tr>
</thead>
<tbody>
<tr>
<td>4450 Saint-Hubert Street, Suite 130</td>
<td>Montreal, Quebec H2J 2W9</td>
</tr>
<tr>
<td>Tel.: 514 521-5145</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:aines@projetchangement.com">aines@projetchangement.com</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.projetchangement.com">www.projetchangement.com</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 1980</td>
<td></td>
</tr>
</tbody>
</table>

Improve the quality of life of seniors in the Plateau-Mont-Royal district by helping them to maintain their independence and develop their potential, offering them self-help activities in a welcoming environment, and encouraging them to take part in the life of the community.
Resto Plateau

4450 Saint-Hubert Street, Suite 235
Montreal, Quebec  H2J 2W9
Tel.: 514 527-5997
E-mail: direction@restoplateau.com
Website: www.restoplateau.com
Year Centraide funding began: 1996

Facilitate the social and employment integration of unemployed persons and break the isolation of low-income earners by reaching them through a community kitchen.

Santropol Roulant

111 Roy Street East
Montreal, Quebec  H2W 1M1
Tel.: 514 284-9335
E-mail: info@santropolroulant.org
Website: www.santropolroulant.org
Year Centraide funding began: 2002

Break social and economic isolation and increase solidarity between cultures and generations through food.

Tools of peace

E-mail: coordination@outilsdepaix.org
Website: www.outilsdepaix.org
Year Centraide funding began: 2017

Build peace through citizen action by developing and offering joint services that allow communities and agencies to take advantage of the network’s expertise and collaborative spirit.

Yellow Door Elderly Project/ La Porte Jaune

3625 Aylmer Street
Montreal, Quebec  H2X 2C3
Tel.: 514 845-2600
E-mail: admin@yellowdoor.org
Website: www.yellowdoor.org
Year Centraide funding began: 1971

Help seniors in downtown Montreal maintain their independence and continue living in their homes while encouraging dialogue, involvement in the community and artistic expression.
YMCA – Park Community Centre

5550 Parc Avenue
Montreal, Quebec H2V 4H1
Tel.: 514 271-3437
E-mail: julie.dore@ymcaquebec.org
Website: www.ymcaquebec.org
Year Centraide funding began: 1981

Centraide supports YMCAs in several Greater Montreal districts. For more information, please see YMCA, community development services, p. 6.

REGIONAL AGENCIES LOCATED IN THE PLATEAU-MONT-ROYAL DISTRICT

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Ex aequo ......................................................................................... 25
Hiéronnelle (L’), Welcoming and Integration services for immigrants ...... 25
Maison des femmes sourdes de Montréal (La) .................................... 26
Regroupement des aveugles et amblyopes du Montréal métropolitain (RAAMM) ............................................................. 17
Third Avenue Resource Centre ........................................................ 28
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Mercier-Est

AGENCY AND PROJECT DIRECTORY
ISLAND OF MONTREAL/Mercier-Est

Almage Senior Community Centre $100,900
8680 Hochelaga Street
Montreal, Quebec H1L 2M6
Tel.: 514 355-1712
E-mail: info@almage.org
Website: www.almage.org
Year Centraide funding began: 2004

Improve the quality of life and promote the independence of anglophone seniors in east-end Montreal, while fostering self-help, caring and sharing, and offering them a place of belonging.

Antre-Jeunes de Mercier-Est (L’) $58,200
8695 Hochelaga Street, Suite 206
Montreal, Quebec H1L 6J5
Tel.: 514 493-0557
E-mail: accueil@lantre-jeunes.com
Website: www.lantre-jeunes.com
Year Centraide funding began: 1998

Give youth in Mercier-Est opportunities for success and learning and more chances for self-development so that they can all cultivate the enjoyment and ambition of becoming independent, engaged and responsible adults.

Chez-nous de Mercier-Est (Le) $120,000
7958 Hochelaga Street
Montreal, Quebec H1L 2K8
Tel.: 514 354-5131
E-mail: lecheznous@lecheznous.org
Website: www.lecheznous.org
Year Centraide funding began: 1990

Provide seniors in the Mercier-Est district with a welcoming place where they can make friends, participate in self-help activities and volunteer if they wish to, and help them maintain their independence and continue living at home.
### InfoLogis de l’est de l’Île de Montréal

- **2532 Des Ormeaux Street, Montreal, Quebec H1L 4X5**
- **Tel.: 514 354-7373**
- **E-mail: infologis@infologis.ca**
- **Website: www.infologis.ca**
- **Year Centraide funding began: 1979**

Support tenants in the region comprising Anjou, Mercier-East, Mercier-West, Montréal-East, Pointe-aux-Trembles and Rivière-des-Prairies, inform them about their rights and obligations in the area of housing, and promote social housing.

### Maison des familles de Mercier-East (La)

- **700 Georges-Bizet Street, Montreal, Quebec H1L 5S9**
- **Tel.: 514 354-6044**
- **E-mail: info@maisondesfamilles.ca**
- **Website: www.maisondesfamilles.ca**
- **Year Centraide funding began: 2001**

Offer a welcoming place to families in the Mercier-East district in order to break their isolation, help parents enhance their parental role, stimulate children and strengthen family ties.

### Service d’éducation et de sécurité alimentaire de Mercier-East (SESAME)

- **8628 Hochelaga Street, Montreal, Quebec H1L 2M4**
- **Tel.: 514 493-7656**
- **E-mail: stephanetremblay@lesesame.org**
- **Website: www.lesesame.org**
- **Year Centraide funding began: 2000**

Improve the food security and quality of life of Mercier-East residents by promoting their individual empowerment and raise public awareness of poor nutrition in disadvantaged neighbourhoods.

### Solidarité Mercier-East

- **8613 Sainte-Claire Street, Montreal, Quebec H1L 1Y1**
- **Tel.: 514 356-1917**
- **E-mail: info@solidaritemercierest.org**
- **Website: www.solidaritemercierest.org**
- **Year Centraide funding began: 1996**

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.
ACEF de l’Est de Montréal
$135,240
5955 de Marseille Street
Montreal, Quebec H1N 1K6
Tel.: 514 257-6622
E-mail: accueil@acefest.ca
Website: www.acefest.ca
Year Centraide funding began: 1983

Centraide supports ACEFs in several Greater Montreal districts. For more information, please see Association coopérative d’économie familiale (ACEF), p. 5.

Escale Famille Le Triolet
$175,250
6910 Pierre-de-Coubertin Avenue
Montreal, Quebec H1N 1T6
Tel.: 514 252-0289
E-mail: info@escalefamilleletriolet.org
Website: www.escalefamilleletriolet.org
Year Centraide funding began: 2007

Improve the living conditions of families in Mercier-Ouest, reduce their isolation by creating mutual aid networks, and improve the parent/child relationship by supporting parents in their roles and by promoting total child development.

Groupe d’entraide de Mercier-Ouest (GEMO)
$68,600
6765 de Marseille Street
Montreal, Quebec H1N 1M4
Tel.: 514 253-0297
E-mail: direction.gemo@gmail.com
Website: www.legemo.org
Year Centraide funding began: 2010

Promote food security to improve the quality of life for vulnerable people in Mercier-Ouest, while encouraging autonomy, associations, solidarity, mutual-aid, and personal and social involvement.
Mercier-Ouest, Quartier en santé  
$52,620
5797 Hochelaga Street, 2nd Floor
Montreal, Quebec  H1N 1W6
Tel.: 514 251-0307
E-mail: direction@moqs.org
Website: www.moqs.org
Year Centraide funding began: 1996

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

Projet Harmonie (Le)  
$74,825
6185 Du Quesne Street
Montreal, Quebec  H1M 2K6
Tel.: 514 872-7722
E-mail: projetharmonie@videotron.ca
Website: www.projetharmonie.ca
Year Centraide funding began: 2004

Create a pleasant, harmonious and stimulating environment for families living in low-rental housing in Mercier-Ouest (mainly single-parent, immigrant and/or low-income families), and build their self-reliance.
<table>
<thead>
<tr>
<th>Agency/Project</th>
<th>Funding</th>
<th>Address</th>
<th>City, Province</th>
<th>Contact Information</th>
<th>Year Centraide funding began</th>
</tr>
</thead>
<tbody>
<tr>
<td>Centre d’activités pour le maintien de l’équilibre émotionnel de Montréal-Nord (CAMÉÉ)</td>
<td>$73,500</td>
<td>11700 L’Archevêque Avenue</td>
<td>Montréal-Nord, Quebec</td>
<td>H1H 3B6</td>
<td>Tel.: 514 327-3035</td>
</tr>
<tr>
<td>Comité logement de Montréal-Nord</td>
<td>$63,700</td>
<td>11379 Garon Street, Apt. 1</td>
<td>Montréal-Nord, Quebec</td>
<td>H1H 3T7</td>
<td>Tel.: 514 852-9253</td>
</tr>
<tr>
<td>Coup de pouce jeunesse de Montréal-Nord</td>
<td>$76,045</td>
<td>11121 Salk Avenue, Suite 112</td>
<td>Montréal-Nord, Quebec</td>
<td>H1G 4Y3</td>
<td>Tel.: 514 321-8054</td>
</tr>
</tbody>
</table>

Empower adults with mental health problems through mutual aid and solidarity, break their isolation, develop their self-reliance, promote their social reintegration, advocate their rights, and combat poverty and prejudice associated with mental illness.

Advocate the housing rights of the most disadvantaged residents of Montréal-Nord, provide information to residents with a housing problem, promote social housing.

Enable teenagers from all cultural backgrounds in Montréal-Nord to grow into responsible adults, build their self-esteem and develop a spirit of mutual-aid through participation in volunteer activities in aid of other groups (e.g. seniors, persons with disabilities), and break down the barriers between these groups and teenagers.
Entre parents de Montréal-Nord

4828 Gouin Blvd. East
Montréal-Nord, Quebec H1H 1G4
Tel.: 514 329-1233
E-mail: info@entreparents.org
Website: www.entreparents.org
Year Centraide funding began: 1990

Improve the quality of life of families by breaking their isolation and helping parents to enhance their parental role through a community approach that encourages participation in the life of the agency.

Fondation de la Visite (La)

11832 Bellevois Avenue
Montreal, Quebec H1H 3G1
Tel.: 514 329-2800
E-mail: delavisite@videotron.ca
Website: www.delavisite.org
Year Centraide funding began: 2002

Prevent child abuse and child negligence by promoting positive parent-child relations and ensuring that every newborn child benefits from a warm and stimulating family environment.

La Fondation de la Visite provides a free home support and assistance service for pregnant women and parents of newborns in six Montreal sectors: Bordeaux-Cartierville, Côte-des-Neiges, Hampstead, Hochelaga-Maisonneuve, Lachine/Saint-Pierre/Dorval, Montréal-Nord and Notre-Dame-de-Grâce.

Fourchettes de l’Espoir (Les)

12165 Rolland Blvd.
Montréal-Nord, Quebec H1G 5Y1
Tel.: 514 852-1492
E-mail: lesfourchettesdelespoir@hotmail.com
Website: fourchettesdelespoir.ca/
Year Centraide funding began: 2005

Improve the food security of disadvantaged residents of the eastern district of Montréal-Nord.

Halte-femmes de Montréal-Nord

Tel.: 514 328-2055
E-mail: haltefemmes@videotron.ca
Year Centraide funding began: 1987

Improve the quality of life and increase the independence of women in Montréal-Nord and the surrounding area by providing them with a welcoming place where they can participate in self-help activities, increase their economic, social and emotional independence, and develop their potential, while supporting those who are pursuing a personal growth project after experiencing conjugal violence.
Montréal-Nord en santé  
$113,370

12004 Rolland Blvd., Suite A-203
Montréal-Nord, Quebec H1G 3W1
Tel.: 514 328-4000, ext. 5625
E-mail: mtlnordensante_adjointe@mtlnord.ca
Website: www.montrealnordensante.org
Year Centraide funding began: 2003

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

This neighbourhood round table coordinates the Accueil des nouveaux immigrants futur agency.

Support for round table $63,370
Support for agency $50,000

Mouvement jeunesse Montréal-Nord (café-jeunesse multiculturel)  
$102,725

11121 Salk Avenue, Suite 114
Montréal-Nord, Quebec H1G 4Y3
Tel.: 514 324-8112, ext. 222
E-mail: info@cafejeunessemulticulturel.org
Website: www.cafejeunessemulticulturel.org
Year Centraide funding began: 1988

Provide a welcoming place where young people from different backgrounds in Montréal-Nord and the surrounding area can get together, learn more about each other, build friendships, grow, and develop a sense of community.

Pacific Path Institute  
$179,673 + $190,000

2901 Gouin Blvd. East
Montréal-Nord, Quebec H2B 1Y3
Tel.: 514 598-1522
E-mail: info@institutpacifique.com
Website: www.institutpacifique.com
Year Centraide funding began: 1978

Promote the social integration of 6 to 12 year old children, support their parents, prevent violence by encouraging conflict resolution and mediation in schools and the community, prevent the emergence of psychosocial problems, and promote academic perseverance in close collaboration with the schools.
The following agencies and projects serve the residents of this district.

**N.D.G. Senior Citizens’ Council**

88 Ballantyne Avenue North  
Montreal, Quebec H4X 2B8  
Tel.: 514 487-1311  
E-mail: info@ndgsc.ca  
Website: www.ndgsc.ca  
Year Centraide funding began: 1985

Improve the quality of life of people aged 50 and over in Notre-Dame-de-Grâce and Montreal West by breaking their isolation, encouraging them to remain actively involved in society, helping them to maintain their independence, defending their dignity and building their self-respect.

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**Un itinéraire pour tous**

12004 Rolland Blvd., Suite 223  
Montréal-Nord, Quebec H1G 3W1  
Tel.: 514 328-4000, ext. 5579  
E-mail: info@uipt.ca  
Website: www.uipt.ca  
Year Centraide funding began: 2006

Improve the quality of life of residents in Montréal-Nord and support them in their path towards individual and collective responsibility by adopting strategies for mobilization and territorial revitalization and by promoting feelings of pride and safety.
Notre-Dame-de-Grâce

The following agencies and projects serve the residents of this district.

**Depot Community Food Centre (The)**

- **Address:** 6450 Somerled Avenue, Montreal, Quebec H4V 1S5
- **Tel.:** 514 483-4680
- **E-mail:** info@depotndg.org
- **Website:** www.depotndg.org
- **Year Centraide funding began:** 2005

Promote the food security and quality of life of Notre-Dame-de-Grâce residents who are in temporary or chronic need by providing them with food, breaking their isolation, promoting their social integration, and educating the public about the problems of poverty and hunger.

**Fondation de la Visite (La) – Notre-Dame-de-Grâce**

- **Tel.:** 514 329-2800
- **E-mail:** delavisite@videotron.ca
- **Website:** www.delavisite.org

This agency is a point of service. For more information, please see Fondation de la Visite (La), p. 63.

**Head & Hands/À deux mains**

- **Address:** 3465 Benny Avenue, Montreal, Quebec H4B 2R9
- **Tel.:** 514 481-0277
- **E-mail:** info@headandhands.ca
- **Website:** www.headandhands.ca
- **Year Centraide funding began:** 1978

Support young people aged 12 to 25 who are living on the margins of society in Greater Montreal by helping them to take charge of their lives, improve their physical and mental health, integrate into society and carve out a place for themselves in our community.
## ISLAND OF MONTREAL

### YMCA – Notre-Dame-de-Grâce Community Centre

<table>
<thead>
<tr>
<th>Address</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>4335 Hampton Avenue, Montreal, Quebec H4A 2L3</td>
<td>$151,835</td>
</tr>
<tr>
<td>Tel.: 514 486-7315</td>
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</tr>
<tr>
<td>E-mail: <a href="mailto:lindsey.whitelaw@ymcaquebec.org">lindsey.whitelaw@ymcaquebec.org</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.ymcaquebec.org">www.ymcaquebec.org</a></td>
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</tr>
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<td>Year Centraide funding began: 1981</td>
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Centraide supports YMCA in several Greater Montreal districts. For more information, please see YMCA, community development services, p. 6.

### Notre-Dame-de-Grâce Community Council

<table>
<thead>
<tr>
<th>Address</th>
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</tr>
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<tbody>
<tr>
<td>5964 Notre-Dame-de-Grâce Avenue, 2nd Floor, Suite 204, Montreal, Quebec H4A 1N1</td>
<td>$185,920</td>
</tr>
<tr>
<td>Tel.: 514 484-1471</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:ndgcc@ndg.ca">ndgcc@ndg.ca</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.ndg.ca">www.ndg.ca</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 1978</td>
<td></td>
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</tbody>
</table>

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5. 

This neighbourhood round table coordinates the Intervention en matière de logement project.

- Support for round table: $52,620
- Support for Intervention en matière de logement project: $50,000
- Support for the four vulnerable neighbourhoods: $83,300

### Head & Hands/À deux mains – Jeunesse 2000 (J2K)

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>3770 Décarie Blvd., Montreal, Quebec H4A 3J6</td>
<td></td>
</tr>
<tr>
<td>Tel.: 514 872-9444</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:jeunesse2000@headandhands.ca">jeunesse2000@headandhands.ca</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.headandhands.ca">www.headandhands.ca</a></td>
<td></td>
</tr>
</tbody>
</table>

This agency is a point of service. For more information, please see Head & Hands/À deux mains above.

### Notre-Dame-de-Grâce Community Council

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<tr>
<th>Address</th>
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<tbody>
<tr>
<td>3770 Décarie Blvd., Montreal, Quebec H4A 3J6</td>
<td></td>
</tr>
<tr>
<td>Tel.: 514 872-9444</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:jeunesse2000@headandhands.ca">jeunesse2000@headandhands.ca</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.headandhands.ca">www.headandhands.ca</a></td>
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</tbody>
</table>

This agency is a point of service. For more information, please see Head & Hands/À deux mains above.

### Notre-Dame-de-Grâce Community Council

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<tr>
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<tbody>
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### Notre-Dame-de-Grâce Community Council

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<td></td>
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<tr>
<td>Website: <a href="http://www.headandhands.ca">www.headandhands.ca</a></td>
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This agency is a point of service. For more information, please see Head & Hands/À deux mains above.
<table>
<thead>
<tr>
<th>Agency/Project</th>
<th>Funding</th>
<th>Address</th>
<th>Contact Information</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Comité d’action de Parc Extension</strong></td>
<td>$114,900</td>
<td>419 Saint-Roch Street, Suite SS03&lt;br&gt;Montreal, Quebec H3N 1K2&lt;br&gt;Tel.: 514 278-6028&lt;br&gt;E-mail: <a href="mailto:cape@cooptel.qc.ca">cape@cooptel.qc.ca</a>&lt;br&gt;Website: comitedactionparcex.org&lt;br&gt;Year Centraide funding began: 1998</td>
<td>Improve the quality of life of disadvantaged residents of Parc-Extension, most of whom are tenants, by ensuring the safety of local housing, encouraging the creation of social housing units, promoting neighbourhood planning, and facilitating the integration of new immigrants and low-income individuals.</td>
<td></td>
</tr>
<tr>
<td><strong>Park Extension Youth Organization (PEYO)</strong></td>
<td>$170,590</td>
<td>419 Saint-Roch Street, Suite SS12&lt;br&gt;Montreal, Quebec H3N 1K2&lt;br&gt;Tel.: 514 278-7396&lt;br&gt;E-mail: <a href="mailto:information@peyo.org">information@peyo.org</a>&lt;br&gt;Website: <a href="http://www.peyo.org">www.peyo.org</a>&lt;br&gt;Year Centraide funding began: 1975</td>
<td>Improve the quality of life of residents of the Parc-Extension district, with particular emphasis on youth and families.</td>
<td></td>
</tr>
<tr>
<td><strong>Table de quartier de Parc-Extension</strong></td>
<td>$47,720</td>
<td>6830 du Parc Avenue, Suite 537 and 516&lt;br&gt;5th Floor&lt;br&gt;Montreal, Quebec H3N 1W7&lt;br&gt;Tel.: 514 543-6063&lt;br&gt;E-mail: <a href="mailto:coordination.tparcex@gmail.com">coordination.tparcex@gmail.com</a></td>
<td>Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.</td>
<td></td>
</tr>
</tbody>
</table>
Peter-McGill

The following agencies and projects serve the residents of this district.

- **Peter McGill Community Council**
  - $54,620
  - 1857 De Maisonneuve Blvd. West, Suite 215
  - Montreal, Quebec H3H 1J9
  - Tel.: 514 934-2280
  - E-mail: coordination@petermcgill.org
  - Website: www.petermcgill.org
  - Year Centraide funding began: 2003
  - Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

Petite-Bourgogne

The following agencies and projects serve the residents of this district.

- **Amitié Soleil**
  - $106,650
  - 715 Chatham Street
  - Montreal, Quebec H3J 1Z3
  - Tel.: 514 937-5876
  - E-mail: amitiessoleil.adm@qc.aira.com
  - Year Centraide funding began: 1975
  - Improve the quality of life of families by breaking their isolation, promoting their social integration and building their self-reliance.
<table>
<thead>
<tr>
<th>Name</th>
<th>Funding</th>
<th>Address</th>
<th>City, Province</th>
<th>Phone</th>
<th>Email</th>
<th>Website</th>
<th>Year of funding</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Coalition de la Petite-Bourgogne, Quartier en santé</strong></td>
<td>$84,620</td>
<td>741 des Seigneurs Street</td>
<td>Montreal, Quebec H3J 1Y2</td>
<td>514 931-4302</td>
<td><a href="mailto:coordination@petitebourgogne.org">coordination@petitebourgogne.org</a></td>
<td><a href="http://www.petitebourgogne.org">www.petitebourgogne.org</a></td>
<td>1997</td>
<td>Improve the quality of life and promote the independence of seniors, while fostering self-help, caring and sharing.</td>
</tr>
<tr>
<td>Comité d’éducation aux adultes de la Petite-Bourgogne et de Saint-Henri (CEDA)</td>
<td>$123,620</td>
<td>2515 Delisle Street</td>
<td>Montreal, Quebec H3J 1K8</td>
<td>514 596-4422</td>
<td><a href="mailto:accueil@ceda22.com">accueil@ceda22.com</a></td>
<td><a href="http://www.cedamtl.org">www.cedamtl.org</a></td>
<td>1986</td>
<td>Facilitate access to services and educational activities, and participate in community development activities in order to meet the needs of the population of Petite-Bourgogne, Saint-Henri, Ville-Émard and Côte-Saint-Paul.</td>
</tr>
<tr>
<td><strong>Saint-Antoine 50+ Community Centre</strong></td>
<td>$104,550</td>
<td>2338 Saint-Antoine Street West, Suite 1</td>
<td>Montreal, Quebec H3J 1A8</td>
<td>514 933-7351</td>
<td><a href="mailto:info@centrestantoine.com">info@centrestantoine.com</a></td>
<td><a href="http://www.centrestantoine50plus.com">www.centrestantoine50plus.com</a></td>
<td>2004</td>
<td>Improve the quality of life and promote the independence of seniors, while fostering self-help, caring and sharing.</td>
</tr>
</tbody>
</table>

**REGIONAL AGENCIES LOCATED IN THE PETITE-BOURGOGNE DISTRICT**

AlterGo-Formation ................................................................................... 21
Centre d’intégration à la vie active pour les personnes vivant avec un handicap physique (CIVA) .............................................................. 23
Pointe-aux-Trembles

The following agencies and projects serve the residents of this district.

Accueil aux immigrants de l’Est de Montréal – Pointe-aux-Trembles

14115 Prince Arthur Street
Montreal, Quebec H1A 1A8
Tel.: 514 788-4343

This agency is a point of service. For more information, please see Accueil aux immigrants de l’Est de Montréal, p. 83.

Association d’entraide des personnes handicapées physiques de Montréal (ALPHA)

14115 Prince-Arthur Street, Suite 163
Montreal, Quebec H1A 1A8
Tel.: 514 352-5119
E-mail: alpha@mainbourg.org
Website: www.alpha-montreal.com
Year Centraide funding began: 1981

Promote the independence and social integration of persons with a physical disability in the east end of Montreal.

Carrefour familial Les Pitchou

14115 Prince-Arthur Street, Suite 330
Montreal, Quebec H1A 1A8
Tel.: 514 640-6200
E-mail: info@pitchou.org
Website: www.pitchou.org
Year Centraide funding began: 1993

Support families with young children up to 12 years of age in eastend Montreal through education, prevention, self-help and enhancement of the parental role.

Corporation de développement communautaire de la Pointe – Région Est de Montréal

14115 Prince-Arthur Street, Suite 368
Montreal, Quebec H1A 1A8
Tel.: 514 498-4273
E-mail: ccdelapointe@mainbourg.org
Website: www.cdcpat.com
Year Centraide funding began: 1997

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.
Promote the academic perseverance and social integration of at-risk youth in Pointe-aux-Trembles and Montréal-Est by motivating and supporting them, and developing the parenting skills of their parents.

Encourage local stakeholders to find collaborative and tailored solutions to issues related to access to food and public health services in the territory.

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5. This neighbourhood round table coordinates the Mobilisation citoyenne OPA and À qui la Pointe? projects.
Carrefour d’éducation populaire de Pointe-Saint-Charles

$146,550

2356 Centre Street
Montreal, Quebec H3K 1J7
Tel.: 514 596-4444
E-mail: carrefour.anim@csdm.qc.ca
Website: www.carrefourpop.org
Year Centraide funding began: 1994

Improve the quality of life and promote the individual and collective empowerment of the disadvantaged population of Pointe-Saint-Charles.

Club Populaire des consommateurs de Pointe-Saint-Charles

$89,867

1945 Mullins Street, Suite 30
Montreal, Quebec H3K 1N9
Tel.: 514 932-1091
E-mail: financement.cpc@gmail.com
Year Centraide funding began: 2009

Help provide food security for disadvantaged individuals in Pointe-Saint-Charles.

Madame prend congé (Centre des femmes de Pointe-Saint-Charles)

$77,820

1945 Mullins Street, Suite 20
Montreal, Quebec H3K 1N9
Tel.: 514 933-2507
E-mail: mpc@cooptel.qc.ca
Website: www.madameprendconge.com
Year Centraide funding began: 1979

Break the isolation of women, fight against poverty and violence to women, improve their living conditions, promote equality for women in society.

Regroupement information-logement de Pointe-Saint-Charles (R.I.L.)

$78,400

1945 Mullins Street, Suite 110
Montreal, Quebec H3K 1N9
Tel.: 514 932-7742
E-mail: infolog@rilsocam.org
Website: www.rilsocam.org
Year Centraide funding began: 1996

Improve living and housing conditions for low-income persons in Pointe-Saint-Charles, advocate their rights, and promote the development of accessible low-rent housing.
Centre de promotion communautaire
Le Phare

7800 Jacques-Rousseau Street, Apt. 1
Montreal, Quebec  H1E 1J1
Tel.: 514 494-0434
E-mail: info@lephare.ca
Website: www.ocflephare.com
Year Centraide funding began: 2000

Improve the quality of life of residents of all ages and backgrounds of Rivière-des-Prairies and especially of low-income families.
Centre des femmes de
Rivière-des-Prairies

12017 Rita-Lévi-Montalcini Avenue
Montreal, Quebec H1E 4B8
Tel.: 514 648-1030
E-mail: info@cdfrdp.qc.ca
Website: www.cdfrdp.qc.ca
Year Centraide funding began: 1997

Improve the quality of life of women in Rivière-des-Prairies by providing them with a place where they can break out of their isolation, participate in self-help activities, increase their financial, emotional and social independence, and develop their potential.

Corporation de développement communautaire
de Rivière-des-Prairies (CDC-RDP)

9140 Perras Blvd.
Montreal, Quebec H1E 7E4
Tel.: 514 494-8883
E-mail: info@cdcrdp.org
Website: www.cdcrdp.org
Year Centraide funding began: 1996

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

Maison de la famille Coeur-à-Rivière

9140 Perras Blvd.
Montreal, Quebec H1E 7E4
Tel.: 514 494-6555
E-mail: info@coeurariviere.org
Website: www.coeurariviere.org
Year Centraide funding began: 2007

Provide families in Rivière-des-Prairies with an environment that employs a socio-educational approach to learning and mutual aid in order to break their isolation and enhance their well-being in the community.
The following agencies and projects serve the residents of this district.

**Accès Bénévolat**

2544 Rosemont Blvd.
Montreal, Quebec H1Y 1K4
Tel.: 514 523-6599
E-mail: dg@accesbenevolat.org
Website: www.accesbenevolat.org
Year Centraide funding began: 1972

Centraide supports agencies that promote volunteering in several Greater Montreal districts. For more information, please see Volunteering, p. 6.

**Bouffe-Action de Rosemont**

5350 Lafond Street, Suite R.115
Montreal, Quebec H1X 2X2
Tel.: 514 523-2460
E-mail: info@bouffe-action.org
Website: www.bouffe-action.org
Year Centraide funding began: 1994

Combat malnutrition in the Rosemont district by promoting a healthy and economical diet and encouraging disadvantaged residents to get involved in the agency’s food security activities.

**Carrefour communautaire Montrose**

5350 Lafond Street, local 1,430
Montreal, Quebec H1X 2X2
Tel.: 514 521-7757
E-mail: administration@carrefourmontrose.org
Website: www.carrefourmontrose.org
Year Centraide funding began: 2004

Improve the quality of life of seniors in the Rosemont district, mainly those living alone or on a low-income, by helping them to remain independent and actively involved in their community.
Centre communautaire Petite-Côte

$206,750

5675 Lafond Street
Montreal, Quebec H1X 2X6
Tel.: 514 722-1851
E-mail: accueil@ccreg.org
Website: www.ccreg.org
Year Centraide funding began: 1950

Improve the quality of life of the residents of Rosemont and adjacent neighbourhoods, particularly for parents of children from 0 to 5 years, youth from 5 to 17 years, and adults from 18 to 35 years who are unemployed by creating a living environment that promotes mutual aid.

Comité logement Rosemont

$136,246

5350 Lafond Street, Suite R-145
Montreal, Quebec H1X 2X2
Tel.: 514 597-2581
E-mail: info@comitelogement.org
Website: www.comitelogement.org
Year Centraide funding began: 1981

Advocate the housing rights of the most disadvantaged residents of Rosemont, provide information to residents with a housing problem, promote social housing, support development.

CooPÈRE Rosemont

$73,500

3958 Dandurand Street
Montreal, Quebec H1X 1P7
Tel.: 514 419-4736
E-mail: info@coopere.ca
Website: www.coopere.ca
Year Centraide funding began: 2003

Support fathers while encouraging them to become more involved in the life of their family and the development of their children and encourage community agencies in the Rosemont district to coordinate their efforts to assist fathers and their children.

Corporation de développement communautaire de Rosemont

$52,620

5350 Lafond Street
Montreal, Quebec H1X 2X2
Tel.: 514 524-1797
E-mail: info@cdcrosemont.org
Website: www.cdcrosemont.org/
Year Centraide funding began: 1997

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.
### Parrainage civique de l’est de l’île de Montréal - PCEIM

<table>
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<tr>
<td>5350 Lafond Street, Montreal, Quebec H1X 2X2</td>
<td>$77,295</td>
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</tbody>
</table>

**Tel.:** 514 255-1054  
**E-mail:** directiongenerale@pceim.ca  
**Website:** www.pceim.ca  
**Year Centraide funding began:** 1984

Promote the social integration of people with a mental health problem or intellectual disability and support their families and loved ones.

### REGIONAL AGENCIES LOCATED IN THE ROSEMONT DISTRICT

- « Action-autonomie » – Le collectif pour la défense des droits en santé mentale de Montréal .................................................................21
- Coalition montréalaise des Tables de quartier ............................................24
- Compagnons de Montréal .........................................................................24
- Dynamo – Ressource en mobilisation des collectivités ................................15
- J’mé fais une place en garderie ............................................................25
- Mouvement PHAS ....................................................................................16
- Regroupement Partage .............................................................................27
- Solidarité de parents de personnes handicapées .....................................17

### Comité d’action en persévérance scolaire du Sud-Ouest de l’île de Montréal (CAPSSOM)

<table>
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<tbody>
<tr>
<td>75 Sir-Georges-Étienne-Cartier Square, Suite 200, Montreal, Quebec H4C 3A1</td>
<td>$140,000</td>
</tr>
</tbody>
</table>

**Tel.:** 514 937-9813  
**E-mail:** coordination@solidarite-sh.org  
**Website:** www.solidarite-sh.org  
**Year Centraide funding began:** 2011

Bring together different stakeholders in the southwest area of Montreal (neighbourhood round tables on youth, municipal and public health authorities, school boards and parents) to improve the chances for academic and professional success of youth in this sector.
Corporation de développement communautaire
Solidarité Saint-Henri

75 Sir-Georges-Étienne-Cartier Square, Suite 201
Montreal, Quebec H4C 3A1
Tel.: 514 937-9813
E-mail: coordination@solidarite-sh.org
Website: www.solidarite-sh.org
Year Centraide funding began: 1997

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5. This neighbourhood round table coordinates the Recherche-action en défense de droits project.

Support for round table $77,620
Support for project $42,500

Famijeunes

3904 Notre-Dame Street West
Montreal, Quebec H4C 1R1
Tel.: 514 931-5115
E-mail: brigittemarcotte@famijeunes.org
Website: www.famijeunes.org
Year Centraide funding began: 1992

Provide a welcoming place in Saint-Henri/Petite-Bourgogne for families in difficulty, break their isolation, improve their quality of life, and help parents to enhance their parental role.

P.O.P.I.R. – Comité logement

4017 Notre-Dame Street West
Montreal, Quebec H4C 1R3
Tel.: 514 935-4649
E-mail: info@popir.org
Website: www.popir.org
Year Centraide funding began: 1975

Improve the housing conditions of underprivileged residents of Côte-Saint-Paul, Petite-Bourgogne, Saint-Henri and Ville-Émard and provide them with legal information on housing matters.
Travail de rue/Action communautaire (TRAC)  
$191,800

75 Sir-Georges-Étienne-Cartier Square, Suite 212  
Montreal, Quebec H4C 3A1  
Tel.: 514 939-2122  
E-mail: info@letrac.org  
Website: www.letrac.org  
Year Centraide funding began: 1996

Help young people between 12 and 25 years of age in the southwest region of Montreal by reaching out to them in their natural environment, building their self-reliance, encouraging them to adopt responsible behaviour, and facilitating their access to public and community resources, while also promoting research on troubled youth and participating in the development of government youth policies.

CARI St-Laurent (Centre d’accueil et de référence sociale et économique pour immigrants)  
$193,100 + $45,000

774 Décarie Blvd., Suite 300  
Saint-Laurent, Quebec H4L 3L5  
Tel.: 514 748-2007  
E-mail: carist@cari.qc.ca  
Website: www.cari.qc.ca  
Year Centraide funding began: 1994

Facilitate the personal, social and employment integration of immigrants and intervene at all stages of their settlement while adapting services to their needs and to the realities of Quebec society.
Centre communautaire Bon Courage de Place Benoît

155 Benoît Place, Suite 02
Saint-Laurent, Quebec H4N 2H4
Tel.: 514 744-0897
E-mail: infos@centreboncourage.org
Website: www.centreboncourage.org
Year Centraide funding began: 1998

Animate the community, encourage the empowerment of vulnerable individuals and groups, promote social, cultural and educational activities, services and programs, encourage cooperation.

Centre d’action bénévole et communautaire Saint-Laurent

910 Sainte-Croix Avenue
Saint-Laurent, Quebec H4L 3Y6
Tel.: 514 744-5511
E-mail: henriette.konte@qc.aira.com
Website: www.centreabc.org
Year Centraide funding began: 1984

Centraide supports agencies that promote volunteering in several Greater Montreal districts. For more information, please see Volunteering, p. 6.

Centre d’initiatives pour le développement communautaire l’Unité

812 Sainte-Croix Avenue
Saint-Laurent, Quebec H4L 3Y4
Tel.: 514 744-1239
E-mail: info@centre-unite.com
Website: www.centre-unite.com
Year Centraide funding began: 2008

Provide young people and parents from different cultural communities with support and services that contribute to their personal growth. Initiatives in schools, schoolyards and surrounding areas to help children develop a sense of responsibility, to prevent violence and social exclusion, and to develop community involvement.

Comité des organismes sociaux de Saint-Laurent (COSSSL)

812 Sainte-Croix Avenue, Suite 203
Saint-Laurent, Quebec H4L 3Y4
Tel.: 514 748-2000
E-mail: direction@cossell.org
Website: www.cossell.org
Year Centraide funding began: 2000

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.
YMCA – Saint-Laurent Community Centre  
1745 Décarie Blvd.  
Saint-Laurent, Quebec  H4L 2B9  
Tel.: 514 747-5353  
E-mail: marie-josee.meilleur@ymcaquebec.org  
Website: www.ymcaquebec.org  
Year Centraide funding began: 1981

Centraide supports YMCAs in several Greater Montreal districts. For more information, please see YMCA, community development services, p. 6.

Comité logement Saint-Laurent  
1775 Édouard-Laurin Blvd. Suite 6  
Montreal, Quebec  H4L 3B9  
Tel.: 514 331-9898  
E-mail: comitelogeement.saintlaurent@gmail.com  
Website: www.comitelogeement-saintlaurent.org  
Year Centraide funding began: 2017

Promote access to good-quality and affordable housing for Saint-Laurent households while taking into account their social and cultural diversity.

Maison des familles de Saint-Laurent  
1159 Sainte-Croix Avenue  
Saint-Laurent, Quebec  H4L 3Z2  
Tel.: 514 333-8989 ext. 321  
E-mail: info@maisondesfamilles.org  
Website: www.maisondesfamilles.org

Provide a space where parents and their children can work on their emotional, social, physical and intellectual development.
Accueil aux immigrants de l'Est de Montréal  
5960 Jean Talon Street East, Suite 209  
Montreal (Quebec) H1S 1M2  
Tel.: 514 723-4939  
Website: www.aiemont.com  
Year Centraide funding began: 2017
Welcome and assist with the social and economic integration of immigrants and visible minorities to help them become full members of their new society.

Carrefour des femmes de Saint-Léonard  
8180 Collerette Street, local 3  
Montreal, Quebec  
Tel.: 514 325-4910  
E-mail: cfsf@bell.net.ca  
Website: www.cfsf-femmes.org
Help women take control of their finances and social lives as well as their physical and mental health.

Centre des aînés du réseau d’entraide de Saint-Léonard  
5555 Jean-Talon Street East  
Saint-Léonard, Quebec H1S 1L8  
Tel.: 514 326-4116  
E-mail: johannepitt@gmail.com  
Website: www.carestleonard.com  
Year Centraide funding began: 1996
Help maintain the elderly in their home environment by promoting their well-being and quality of life through activities and services adapted to their needs.
Concertation Saint-Léonard

8180 Collerette Street  
Saint-Léonard, Quebec  H1P 2V5  
Tel.: 514 323-1417  
E-mail: info@concertationstleonard.com  
Website: www.concertationstleonard.com  
Year Centraide funding began: 2006

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

Maison de la famille de Saint-Léonard

8180 Collerette Street  
Saint-Léonard, Quebec  H1P 2V5  
Tel.: 514 323-1417  
E-mail: info@concertationstleonard.com  
Website: www.concertationstleonard.com  
Year Centraide funding began: 2006

Regroupement interculturel de Saint-Léonard – Rapprochement interculturel

5960 Jean-Talon Street East, Suite 207-A  
Montreal, Quebec  H1S 1M2  
Tel.: 438 930-2353  
E-mail: coordo.risl@gmail.com  
Year Centraide funding began: 2012

Encourage stakeholders in Saint-Léonard to address intercultural relationships in this neighbourhood, which has experienced successive waves of immigration.

Table Ronde de Saint-Léonard (La)

8180 Collerette Street, Suite 1234  
Saint-Léonard, Quebec  H1P 2V5  
Tel.: 514 955-6464  
E-mail: trsl@bellnet.ca  
Year Centraide funding began: 2004

Improve the quality of life of families, break their isolation and enhance the parental role through a community approach that encourages participation in the life of the agency.
The residents of this district.

1,2,3 GO! Saint-Michel – Femmes-Relais $78,400
8640 25th Avenue, Apt. 7
Montreal, Quebec H1Z 4B2
Tel.: 514 759-0663
E-mail: coordonnatricefemmesrelais@yahoo.ca
Year Centraide funding began: 2010
Promote the integration of immigrant parents and their young children in the Saint-Michel district through outreach, support and mediation services provided by women community outreach workers, while fostering the empowerment of project participants.

Carrefour populaire de Saint-Michel $115,400
2651 Crémazie Blvd. East
Montreal, Quebec H1Z 2H6
Tel.: 514 722-1211
E-mail: direction@carrefourpopulaire.org
Website: www.carrefourpopulaire.org
Year Centraide funding began: 1975
Improve the quality of life and promote the individual empowerment of adults and families in Saint-Michel and the surrounding area, especially low income families and people living with mental health problems.

Centre éducatif communautaire René-Goupil $183,204
4105 47th Street
Montreal, Quebec H1Z 1L6
Tel.: 514 596-4420
E-mail: cecrg.informations@csdm.qc.ca
Website: www.cecrg.org
Year Centraide funding began: 1978
Promote community life by developing the social conscience and encouraging the individual and collective empowerment of young people and adults belonging to a cultural community of Saint-Michel, taking into account their needs, aspirations and resources.
Mon Resto Saint-Michel

4201 Robert Boulevard
Montreal, Quebec H1Z 1Y9
Tel.: 514 376-3218
E-mail: monresto@videotron.ca
Website: www.monrestostmichel.org
Year Centraide funding began: 1994

Promote the food security of disadvantaged residents of Saint-Michel and the surrounding area by serving them nutritional meals and offering them job training under a pre-employment restaurant program.

Mon Resto Saint-Michel – Projet Moisson

4201 Robert Blvd., Suites 1 and 2
Montreal, Quebec H1Z 1Y9
Tel.: 514 727-1403
E-mail: monresto@videotron.ca
Website: www.monrestostmichel.org

This agency is a point of service. For more information, please see Mon Resto Saint-Michel above.
**Parrainage civique les Marronniers**

$49,000

2590 Jarry Street East  
Montreal, Quebec  H1Z 0A3  
Tel.: 514 374-9050  
E-mail: direction@jumeleurs.ca  
Website: www.avecunami.com  
Year Centraide funding began: 2012

Offer services that promote the independence, social integration and citizen involvement of people with mild to moderate intellectual disabilities. **Le Parrainage civique les Marronniers coordinates Jarry Deuxième café bistro**, a project that provides cooking and customer service training to young adults between the ages of 18 and 35 who are living with an intellectual impairment.

**Vivre Saint-Michel en santé**

$235,980

7605 François-Perrault Street  
Montreal, Quebec  H2A 3L6  
Tel.: 514 955-4187  
E-mail: info@stmichelensante.org  
Website: www.vivre-saint-michel.org  
Year Centraide funding began: 1996

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5. **This neighbourhood round table coordinates the social development plan for Saint-Michel.**

- Support for round table: $46,620
- Support for project (including the academic perseverance project): $189,360

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Suicide Action Montréal……………………………………………………………………… 17
Ancre des Jeunes (L’)

3565 LaSalle Blvd.
Verdun, Quebec H4G 1Z5
Tel.: 514 769-1654
E-mail: secretariat@ancredesjeunes.org
Website: www.ancredesjeunes.org
Year Centraide funding began: 1993

In Montreal’s west end, prevent children aged 9 to 13 from dropping out of school and encourage youth in difficulty aged 13 to 20 to resume their education. Help them rebuild relationships with their families, schools and communities by fostering self-sufficiency, self-esteem, mutual aid, respect and self-discipline.

Auberge communautaire du Sud-Ouest

4026 Wellington Street
Montreal, Quebec H4G 1V3
Tel.: 514 768-4774
E-mail: direction@laubergecommunautaire.org
Website: www.laubergecommunautaire.org
Year Centraide funding began: 1988

Promote the self-sufficiency, social reintegration and employability of homeless persons aged 18-29 by helping them to find the necessary resources to feed and house themselves, build a support network, improve their relationship with their family, and develop their abilities and social skills.

Centre des femmes de Verdun

4080 Wellington Street, Suite 203
Verdun, Quebec H4G 1V4
Tel.: 514 767-0384
E-mail: info@centredefemmesdeverdun.org
Website: www.centredefemmesdeverdun.org
Year Centraide funding began: 1982

Create a living environment for women in LaSalle and Verdun and adjacent neighbourhoods and promote their economic, emotional and social independence by focusing on mutual support and working to enhance their potential.
Centre social d’aide aux immigrants (C.S.A.I.) – Verdun

4400 LaSalle Blvd.
Verdun, Quebec H4G 2A8
Tel.: 514 362-0177
E-mail: csai@bellnet.ca
Website: www.centrecsai.org

This agency is a point of service. For more information, please see Centre social d’aide aux immigrants (C.S.A.I.), p. 23.

Concertation en développement social de Verdun

3972 de Verdun Street
Verdun, Quebec H4G 1K9
Tel.: 514 769-2228, ext. 104
E-mail: coordination@cdsv.org
Website: www.cds.org
Year Centraide funding began: 2005

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

Dawson Community Centre

666 Woodland Avenue
Verdun, Quebec H4H 1V8
Tel.: 514 767-9967
E-mail: info-registration@centredawson.ca
Website: dawson.bgccan.com
Year Centraide funding began: 1976

Create a living environment for young people and families in Verdun and improve their quality of life by investing in educational programs and social activities that encourage individual and collective participation and empowerment.

The Dawson Community Centre coordinates the Un plant de tomates à la fois project.

Support for the agency: $253,850
Support for the project: $20,000

The goal of this project is to promote urban gardening as an alternative solution to food assistance by coordinating and harmonizing the activities and services of the various collective gardens in the Desmarchais-Crawford area of Verdun. This collective project also aims to raise awareness of healthy eating habits and encourage respect for the environment. Community residents will be invited to contribute to the success of the collective gardens by getting involved in planning, seeding, planting, maintenance and harvesting.
J’apprends avec mon enfant (JAME)  
$74,000

4400 LaSalle Boulevard  
Verdun, Quebec  H4G 2A8  
Tel.: 514 563-5263, ext. 3  
E-mail: patricia.bossy@jame-mtl.org  
Website: www.japprendsavecmonenfant.org  
Year Centraide funding began: 2012

Promote the academic success of primary school students in the southwest sector of Montreal through family-based literacy activities.

Project P.A.L.  
$198,477

861 de l’Église Street  
Verdun, Quebec  H4G 2N3  
Tel.: 514 767-4701, ext. 226  
E-mail: info@projetpal.com  
Website: www.projetpal.com  
Year Centraide funding began: 1978

Facilitate the social reintegration and build the self-reliance of former psychiatric patients in the southwest region of Montreal.

Toujours ensemble  
$99,036

4926 de Verdun Street  
Verdun, Quebec  H4G 1N3  
Tel.: 514 761-7867  
E-mail: info@toujoursensemble.org  
Website: www.toujoursensemble.org  
Year Centraide funding began: 2006

Prevent school dropouts among disadvantaged 6 to 17 year olds in Verdun who are experiencing academic, family or social problems, develop their motivation, independence, social skills, physical abilities and self-esteem by offering them educational and recreational activities, and promote the food security of single-parent families.

_Toujours ensemble coordinates the_ Pathways to Education program (Centre de persévérance scolaire Marcelle et Jean Coutu). _For more information, please see below._
**Toujours ensemble – Pathways to Education**
(Centre de persévérance scolaire Marcelle et Jean Coutu)

601 2nd Avenue  
Verdun, Quebec  H4G 2W7  
Tel.: 514 761-7867  
E-mail: info@toujoursensemble.org  
Website: www.toujoursensemble.org

This agency is a point of service. For more information, please see Toujours ensemble above.

The Pathways to Education program helps 250 Verdun youths to graduate from high school every year by offering four types of support throughout their five years of high school: personalized support (individual meetings with students and meetings with parents), academic support (mandatory homework assistance), social support (group activities), and financial support (transportation, school supplies and success grants – a program component not funded by Centraide).

**Verdun Citizen’s Action Committee**

3972 de Verdun Street  
Verdun, Quebec  H4G 1K9  
Tel.: 514 769-2228  
E-mail: cacv@videotron.ca  
Website: www.cacv-verdun.org

Year Centraide funding began: 1975

Improve the quality of life of socioeconomically disadvantaged Verdun residents by promoting their collective empowerment and intervening in the areas of housing and urban planning.
The following agencies and projects serve the residents of this district.

ACEF du Sud-Ouest de Montréal
$188,205

6734 Monk Blvd.
Montreal, Quebec H4E 3J1
Tel.: 514 362-1771
E-mail: acefsom@consommateur.qc.ca
Website: www.consommateur.qc.ca/acef-som
Year Centraide funding began: 1988

Centraide supports ACEFs in several Greater Montreal districts. For more information, please see Association coopérative d’économie familiale (ACEF), p. 5.

Concertation Ville-Émard et Côte-Saint-Paul
$69,620

6389 Monk Blvd.
Montreal, Quebec H4E 3H8
Tel.: 514 761-1665
E-mail: info@concertationspe.qc.ca
Website: www.concertationspe.qc.ca
Year Centraide funding began: 1997

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

Groupe d’Actions Locales Terrain – GALT
$56,500

6389 Monk Blvd
Montreal, Quebec H4E 3H8
Tel.: 514 761-1665
E-mail: coordination@concertationspe.qc.ca
Year Centraide funding began: 2011

Improve the living conditions of residents in the Galt sector by helping them develop their full potential.
Maison d’entraide Saint-Paul et Émard

5999 Drake Street
Montreal, Quebec H4E 4G8
Tel.: 514 761-1280
E-mail: info@maison-entraide.org
Website: www.maison-entraide.org
Year Centraide funding began: 1998

Improve the food security and quality of life of disadvantaged Côte-Saint-Paul and Ville-Émard residents by promoting self-sufficiency, self-help, mutual aid, a spirit of solidarity and involvement in the life of the community.

Station Familles

2385 Jolicoeur Street
Montreal, Quebec H4E 1X9
Tel.: 514 762-2525
E-mail: directrice.stationfamilles@gmail.com
Website: www.stationfamilles.org
Year Centraide funding began: 2012

Support the parents of children aged 0 to 5 in Ville-Émard and Côte-Saint-Paul to enhance parenting skills and prevent family problems.

Station Familles coordinates the Projet Pairs hors Pair project.
The following agencies and projects serve the residents of this district.

**ACEF du Nord de Montréal**

7500 de Châteaubriand Avenue  
Montreal, Quebec H2R 2M1  
Tel.: 514 277-7959  
E-mail: info@acefnord.org  
Website: www.acefnord.org  
Year Centraide funding began: 1984

Centraide supports ACEFs in several Greater Montreal districts. For more information, please see Association coopérative d’économie familiale (ACEF), p. 5.

**CDC Solidarités Villeray**

660 Villeray Street  
Montreal, Quebec H2R 1J1  
Tel.: 514 279-0117  
E-mail: ccsv@solidaritesvilleray.org  
Website: www.solidaritesvilleray.org  
Year Centraide funding began: 1997

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

This neighbourhood round table coordinates the Villeray dans l’Est project.

- Support for round table: $51,620  
- Support for project: $49,000

**Centre des femmes d’ici et d’ailleurs**

8043 Saint-Hubert Street  
Montreal, Quebec H2R 2P4  
Tel.: 514 495-7728  
E-mail: cdf.iciailleurs@bellnet.ca  
Website: www.cdfia.net  
Year Centraide funding began: 1985

Improve the quality of life of disadvantaged immigrant or native Quebec women by providing them with a place where they can participate in self-help activities, increase their financial, emotional and social independence, and develop their potential.
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<tr>
<th>Program</th>
<th>Funding</th>
<th>Address</th>
<th>Tel.</th>
<th>E-mail</th>
<th>Website</th>
<th>Year Centraide funding began</th>
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<tr>
<td>Créations etc..., programme Projet Rousselot</td>
<td>$29,400</td>
<td>7378 Lajeunesse Street, Suite 311</td>
<td>514 278-3941</td>
<td><a href="mailto:rousselot@creations-etc.org">rousselot@creations-etc.org</a></td>
<td><a href="http://www.creations-etc.org">www.creations-etc.org</a></td>
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<td>Maison de Quartier Villeray</td>
<td>$166,080</td>
<td>660 Villeray Street</td>
<td>514 272-4589</td>
<td><a href="mailto:mqv@bellnet.ca">mqv@bellnet.ca</a></td>
<td><a href="http://www.mqv.qc.ca">www.mqv.qc.ca</a></td>
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<td>Maison des grands-parents de Villeray (La)</td>
<td>$75,000</td>
<td>8078 Drolet Street</td>
<td>514 383-9108</td>
<td><a href="mailto:info@mgpv.org">info@mgpv.org</a></td>
<td><a href="http://www.mgpv.org">www.mgpv.org</a></td>
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<td>Pact de rue, projet ado communautaire en</td>
<td>$73,500</td>
<td>8105 de Gaspé Street, Suite 200</td>
<td>514 278-9181</td>
<td><a href="mailto:pact@videotron.ca">pact@videotron.ca</a></td>
<td><a href="http://www.pactderue.org">www.pactderue.org</a></td>
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Patro Le Prevost $255,000

7355 Christophe-Colomb Avenue
Montreal, Quebec H2R 2S5
Tel.: 514 273-8535
E-mail: info@patroleprevost.qc.ca
Website: www.patroleprevost.qc.ca
Year Centraide funding began: 1974

Provide an environment that fosters mutual aid, participation in leisure activities and community action, and promote the well-being, personal development and dignity of people, especially those most vulnerable.

Regional Agencies Located in the Ville-Marie District

- Action Travail des Femmes du Québec ........................................... 13
- Regroupement pour la Valorisation de la Paternité (Le)(RVP) ........ 27

Westmount

The following agencies and projects serve the residents of this district.

Contactivity Centre $66,245

4695 de Maisonneuve Blvd. West
Westmount, Quebec H3Z 1L9
Tel.: 514 932-3433
E-mail: contactivity@bellnet.ca
Website: www.contactivitycentre.org
Year Centraide funding began: 1978

Provide isolated seniors in Westmount with a welcoming place where they can break out of their isolation and participate in activities designed to increase their independence.
West Island

The following agencies and projects serve the West Island. Those listed under a municipality serve mainly that municipality.

West Island Youth Action (AJOI) $63,700
15632 Gouin Blvd. West
Sainte-Geneviève, Quebec H9H 1C4
Tel.: 514 675-4450
E-mail: information@ajoi.info
Website: www.ajoi.info
Year Centraide funding began: 2010
Conduct street work with 12 to 25 year-old youth who are at risk or in difficulty on the West Island with a view to preventing problems of crime, substance abuse, psychological distress and help to integrate these youth into the community.

Big Brothers Big Sisters of West Island $90,412
16711 Transcanadienne Road
Kirkland, Quebec H9H 3L1
Tel.: 514 538-6100, ext. 31
E-mail: bbbswi@bigbrothersbigsisters.ca
Website: www.bbbsofwi.org
Year Centraide funding began: 1979
Help children from single-parent families on the West Island by pairing them with a responsible adult who will provide them with a positive role model, act as a mentor, and foster their personal development while encouraging them to remain in school.

Friends for Mental Health, West Island $98,461
186 Place Sutton, Suite 121
Beaconsfield, Quebec H9W 5S3
Tel.: 514 636-6885
E-mail: info@asmfmh.org
Website: www.asmfmh.org
Year Centraide funding began: 1990
Support the families and loved ones of persons with a mental illness on the West Island, inform the general population about the various aspects of mental illness, and help to improve mental health services.
PIERREFONDS

Cloverdale Multi-Ressources

9542 Gouin Blvd. West
Pierrefonds, Quebec H8Y 1R3
Tel.: 514 684-8228
E-mail: info@cloverdalemulti-ressources.org
Website: www.cloverdalemulti-ressources.org
Year Centraide funding began: 1998

Improve the quality of life of disadvantaged families and youth, especially those belonging to a cultural community in the Pierrefonds district (Cloverdale).

Projet communautaire de Pierrefonds

12301 Colin Street
Pierrefonds, Quebec H9A 1C3
Tel.: 514 684-5995
E-mail: info@pcpwi.net
Website: www.pcpwi.org
Year Centraide funding began: 2004

Help families in Pierrefonds and Sainte-Geneviève by promoting the development of young children, by encouraging the academic success of school-age kids and the involvement of parents and by facilitating the social integration of immigrant families.

POINTE-CLAIRE

Community Council – West Island South

114 Donegani Avenue
Pointe-Claire, Quebec H9R 2V4
Tel.: 438 938-7764
E-mail: info@tqsoi.org
Website: www.tqsoi.org
Year Centraide funding began: 2013

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

West Island Citizen Advocacy

68 Prince Edward Avenue
Pointe-Claire, Quebec H9R 4C7
Tel.: 514 694-5850
E-mail: wica@qc.aibn.com
Website: volunteerwica.com/accueil
Year Centraide funding began: 1978

Match seniors who have a physical or intellectual disability or mental health problems with volunteers in order to improve their quality of life, break their isolation, build their self-reliance and facilitate their social integration.
West Island Community Resource Centre

West Island Community Resource Centre

114 Donegani Avenue
Pointe-Claire, Quebec H9R 2W3
Tel.: 514 694-6404
E-mail: info@crcinfo.ca
Website: www.crcinfo.ca
Year Centraide funding began: 2001
Serve the West Island community by providing information on local resources, evaluating the community's health and social services needs, promoting and supporting local initiatives, and offering office space to various community agencies.

West Island Women’s Centre

West Island Women’s Centre

11 Rodney Avenue
Pointe-Claire, Quebec H9R 4S6
Tel.: 514 695-8529
E-mail: womenscentre@wiwc.ca
Website: www.wiwc.ca
Year Centraide funding began: 1977
Improve the quality of life of women on the West Island by offering them self-help activities, encouraging them to develop their potential, and raising community awareness of the problems experienced by women.

WIAIH: for people with an intellectual disability or autism

WIAIH: for people with an intellectual disability or autism

111 Donegani Avenue
Pointe-Claire, Quebec H9R 2W3
Tel.: 514 694-7090
E-mail: info@wiaih.qc.ca
Website: www.wiaih.qc.ca
Year Centraide funding began: 1975
Improve the quality of life of West Islanders with autism or with intellectual disabilities, facilitate their social integration by providing leadership and a variety of services, support their families, and raise awareness to modify the public perception of people with intellectual disabilities.

YMCA – West-Island Community Centre

YMCA – West-Island Community Centre

230 Brunswick Blvd.
Pointe-Claire, Quebec H9R 5N5
Tel.: 514 630-9622
E-mail: dina.soulaman@ymcaquebec.org
Website: www.ymcaquebec.org
Year Centraide funding began: 1981
Centraide supports YMCAs in several Greater Montreal districts. For more information, please see YMCA, community development services, p. 6.
SAINTE-ANNE-DE-BELLEVUE

Volunteer West Island  $105,960

1 de l’Église Street
Sainte-Anne-de-Bellevue, Quebec  H9X 1W4
Tel.: 514 457-5445
E-mail: info@volunteerwestisland.org
Website: www.cabvwi.org
Year Centraide funding began: 1980

Centraide supports agencies that promote volunteering in several Greater Montreal districts. For more information, please see Volunteering, p. 6.

SAINTE-GENEVIÈVE

Table de quartier du Nord-Ouest de l’Île de Montréal

16115 Gouin Blvd. West, Suite 309
Sainte-Geneviève, Quebec  H9H 1C7
Tel.: 514 675-3006
E-mail: tqnoim@gmail.com
Website: www.tqnoim.org
Year Centraide funding began: 2003

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.
Laval
<table>
<thead>
<tr>
<th>Area</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Laval</td>
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<td>Chomedey</td>
<td>106</td>
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<tr>
<td>Fabreville</td>
<td>108</td>
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<tr>
<td>Laval-des-Rapides</td>
<td>108</td>
</tr>
<tr>
<td>Pont-Viau</td>
<td>109</td>
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<td>Saint-François</td>
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<td>Saint-Vincent-de-Paul</td>
<td>111</td>
</tr>
<tr>
<td>Sainte-Rose</td>
<td>112</td>
</tr>
<tr>
<td>Vimont</td>
<td>112</td>
</tr>
</tbody>
</table>
Regional agencies

The following agencies and projects serve the residents of Laval.

ACEF Laval
1686 des Laurentides Blvd., Suite 103
Laval, Quebec H7M 2P4
Tel.: 450 662-9428
E-mail: info@aceflaval.com
Website: www.aceflaval.com
Year Centraide funding began: 1998

Promote mutual aid among the parents or spouses of persons with mental health problems, reduce their feelings of powerlessness and loneliness, equip them to improve their quality of life, and distribute information on mental health.

Association lavalloise de parents et amis pour le bien-être mental (ALPABEM)
1772 des Laurentides Blvd.
Laval, Quebec H7M 2P6
Tel.: 450 688-0541
E-mail: info@alpabem.qc.ca
Website: www.alpabem.qc.ca
Year Centraide funding began: 1993

Promote mutual aid among the parents or spouses of persons with mental health problems, reduce their feelings of powerlessness and loneliness, equip them to improve their quality of life, and distribute information on mental health.

Carrefour d’intercultures de Laval
1536 Curé-Labelle Blvd. Suite 226
Laval Quebec H7V 2W2
Tel.: 450 686-0554
Website: www.carrefourintercultures.com
Year Centraide funding began: 2017

Welcome, help settle, guide and support newcomers as well as members of visible minorities and cultural communities so that they can integrate into Quebec society while raising society’s awareness about cultural diversity.
<table>
<thead>
<tr>
<th>Agency/Project</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Website</th>
<th>Year Funded</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Centre de bénévolat et moisson Laval</td>
<td>1870 Michelin Street, Laval, Quebec H7L 4R3</td>
<td>450 681-6164</td>
<td><a href="mailto:info@coursdesfemmeslaval.qc.ca">info@coursdesfemmeslaval.qc.ca</a></td>
<td><a href="http://www.coursdesfemmeslaval.qc.ca">www.coursdesfemmeslaval.qc.ca</a></td>
<td>1982</td>
<td>Centraide supports agencies that promote volunteering in several Greater Montreal districts. For more information, please see Volunteering, p. 6. This agency coordinates the regional food bank Moisson Laval (redistribution of food to local community agencies, breakfasts/snacks in schools, emergency food assistance).</td>
</tr>
<tr>
<td>Centre des femmes de Laval (Le)</td>
<td>69 8th Street, Laval, Quebec H7N 2C5</td>
<td>450 629-1991</td>
<td><a href="mailto:cflaval@oricom.ca">cflaval@oricom.ca</a></td>
<td><a href="http://www.cflaval.org">www.cflaval.org</a></td>
<td>1987</td>
<td>Improve the quality of life of women in Laval by providing them with a place where they can participate in self-help activities, increase their financial, emotional and social independence, and develop their potential.</td>
</tr>
<tr>
<td>CHOC Carrefour d’Hommes en Changement</td>
<td>25 Lévesque Blvd. East, Laval, Quebec H7G 1B3</td>
<td>450 975-2462</td>
<td><a href="mailto:choc@organismechoc.com">choc@organismechoc.com</a></td>
<td><a href="http://www.organismechoc.com">www.organismechoc.com</a></td>
<td>1993</td>
<td>Support men who wish to modify their violent behaviour in order to improve their relationship with their partner, their family, etc.</td>
</tr>
<tr>
<td>Corporation de développement communautaire de Laval (CDC)</td>
<td>1450 Pie-X Blvd., Suite 215, Laval, Quebec H7V 3C1</td>
<td>450 978-2388</td>
<td><a href="mailto:info@cdclaval.qc.ca">info@cdclaval.qc.ca</a></td>
<td><a href="http://www.cdclaval.qc.ca">www.cdclaval.qc.ca</a></td>
<td>1987</td>
<td>Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.</td>
</tr>
</tbody>
</table>
Diapason-Jeunesse

599 Saint-André Street
Laval, Quebec  H7G 3A4
Tel.: 450 668-8839
E-mail: diapasonjeunesse@videotron.ca
Website: www.diapasonjeunesse.ca
Year Centraide funding began: 2009

Encourage youth aged 12 to 17 in Laval to remain in school or return to school by promoting self-sufficiency, mutual aid, self-discipline, self-esteem, confidence and respect.

Diapason-Jeunesse – Le Cafardeur, café étudiant
14-17 ans

803 des Laurentides Blvd.
Laval, Quebec  H7G 2V8
Tel.: 450 668-8839
E-mail: diapasonjeunesse@videotron.ca
Website: www.diapasonjeunesse.ca

This agency is a point of service. For more information, please see Diapason-Jeunesse above.

StimuleArts

201 7th Avenue
Laval, Quebec  H7N 4J7
Tel.: 450 668-8226
E-mail: admin@stimularts.com
Website: www.stimularts.com
Year Centraide funding began: 2006

Offer daytime activities to Laval residents who have an intellectual disability associated with multiple physical and/or sensory disabilities, develop their creativity and ability to express themselves, break their isolation and develop their self-esteem.

Travail de Rue Île de Laval (TRIL)

106 de la Concorde Blvd. East
Laval, Quebec  H7G 2B9
Tel.: 450 662-1031
E-mail: carolpage@trilstation.org
Website: www.trilstation.org
Year Centraide funding began: 2012

Offer a safe living environment that fosters the well-being of young people between the ages of 12 and 21 in the territory of Laval who are at risk of homelessness or who are experiencing difficulties and to educate the community about their needs.
The following agencies and projects serve the residents of this district.

### Bureau d’aide et d’assistance familiale

**Place Saint-Martin**

<table>
<thead>
<tr>
<th>Address</th>
<th>Tel.</th>
<th>E-mail</th>
<th>Website</th>
<th>Year</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1885 Dumouchel Avenue, Suite 202, Laval, Quebec H7S 1J8</td>
<td>450 681-9979</td>
<td><a href="mailto:baaf@videotron.ca">baaf@videotron.ca</a></td>
<td><a href="http://www.baaf-psm.org">www.baaf-psm.org</a></td>
<td>1982</td>
<td>Help young people, single-parent families and disadvantaged families in Place Saint-Martin and surrounding areas.</td>
</tr>
</tbody>
</table>

### Bureau de consultation jeunesse (Le) (BCJ) – Laval

<table>
<thead>
<tr>
<th>Address</th>
<th>Tel.</th>
<th>E-mail</th>
<th>Website</th>
<th>Year</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>3696 Lévesque Blvd. West, Laval, Quebec H7V 1E8</td>
<td>514 274-9887</td>
<td><a href="mailto:info@bcj14-25.org">info@bcj14-25.org</a></td>
<td><a href="http://www.bcj14-25.org">www.bcj14-25.org</a></td>
<td></td>
<td>This agency is a point of service. For more information, please see Bureau de consultation jeunesse (Le) (BCJ), p. 13.</td>
</tr>
</tbody>
</table>

### Centre communautaire Val-Martin

<table>
<thead>
<tr>
<th>Address</th>
<th>Tel.</th>
<th>E-mail</th>
<th>Website</th>
<th>Year</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>828 79th Avenue, Laval, Quebec H7V 3J1</td>
<td>450 973-8787</td>
<td><a href="mailto:ccvm@videotron.ca">ccvm@videotron.ca</a></td>
<td><a href="http://www.ccvm.org">www.ccvm.org</a></td>
<td>1996</td>
<td>Improve the quality of life for families and youth residing in and around Chomedey East by offering spaces, services and community activities that promote skills development, empowerment, self-reliance and mutual aid.</td>
</tr>
</tbody>
</table>
Comité de développement local de Chomedey (CDLC)  
3781 Lévesque Blvd. West, Suite 210  
Laval, Quebec  H7V 1G5  
Tel.: 450 688-9800  
E-mail: cdlc.coordination@gmail.com  
Website: www.cdlichomedey.org  
Year Centraide funding began: 2011  

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

Maison des enfants le Dauphin de Laval  
799 Loranger Street  
Laval, Quebec  H7V 1Z5  
Tel.: 450 978-2664  
E-mail: dauphin@maisondesenfants.qc.ca  
Website: www.maisondesenfants.qc.ca  
Year Centraide funding began: 2012  

Offer children in Chomedey a place that promotes their well-being and development by investing in prevention, support and overall childhood development, all while helping to improve living conditions for neighbourhood families.

REGIONAL AGENCIES LOCATED IN THE CHOMEDEY DISTRICT  

Centre de bénévolat et moisson Laval ..................................................... 104  
Corporation de développement communautaire de Laval (CDC)............. 104
The following agencies and projects serve the residents of this district.

**Fabreville**

Maison de Quartier de Fabreville (La)  
$176,400  
3031 Dagenais Blvd. West  
Laval, Quebec H7P 1T4  
Tel.: 450 625-5453  
E-mail: mqf@cam.org  
Website: www.mqfabreville.org  
Year Centraide funding began: 1998

Offer a welcoming environment to families and teenagers in the Fabreville district in order to improve their quality of life.

**Laval-des-Rapides**

Centre communautaire Le Rendez-vous des aînés(es) (Laval)  
$73,100  
10 Proulx Street West  
Laval, Quebec H7N 1N3  
Tel.: 450 667-8836  
E-mail: info@ccrva.org  
Website: www.ccrva.org  
Year Centraide funding began: 1988

Help seniors in several districts of Laval (including Laval-des-Rapides, Pont-Viau, Chomedey and Duvernay) to break out of their isolation, develop mutual-aid networks, get involved and build their self-reliance, while enhancing their living environment.
Parentèle de Laval (La)  

196 7e Avenue  
Laval, Quebec  H7N 4J6  
Tel.: 450 662-9835  
E-mail: info@laparenteledelaval.com  
Website: www.laparenteledelaval.com  
Year Centraide funding began: 1989

Provide a welcoming place to families with children under 12 years of age in Laval-des-Rapides and promote parenting skills development, self-help, information sharing, the personal development of every member of the family, and positive parent-child relations.

REGIONAL AGENCIES LOCATED IN THE LAVAL-DES-RAPIDES DISTRICT

Centre des femmes de Laval (Le) ........................................................... 104
StimuleArts) ................................................................. 105

Pont-Viau

The following agencies and projects serve the residents of this district.

Centre d’implication libre de Laval – C.I.L.L.  

156 des Laurentides Blvd.  
Laval, Quebec  H7G 2T5  
Tel.: 450 668-1771  
E-mail: info@cill.qc.ca  
Website: www.cill.qc.ca  
Year Centraide funding began: 2006

Promote the social integration and break the isolation of Laval residents with mental health or emotional problems by offering them activities that foster the values of self-help and solidarity.
Relais communautaire de Laval (Le)  
$80,400 + $50,000
111 des Laurentides Blvd., Suite 101
Laval, Quebec H7G 2T2
Tel.: 450 668-8727
E-mail: douimet@relais-communautaire.org
Website: www.relais-communautaire.org
Year Centraide funding began: 1991

Improve the food security of disadvantaged Laval residents while breaking their isolation and enhancing their quality of life.

REGионаl Aгенсіеs lОcаtеd in thе pont-viau dіstrісt

Association lavalloise de parents et amis pour le bien-être mental (ALPAEM) ................................................... 103
CHOC Carrefour d’HÔmmes en Changement ........................................... 104
Diapason-Jeunesse ............................................................................... 105
Diapason-Jeunesse – Le Cafardeur, café étudiant 14-17 ans .................. 105
Travail de Rue Île de Laval (TRIL) ....................................................... 105

Saint-François

The following agencies and projects serve the residents of this district.

Initiative locale Saint-François en action $58,800
8117 Lévesque Blvd. East
Laval, Quebec H7A 1V1
Tel.: 450 936-2557
E-mail: stfenaction@hotmail.com
Website: www.stfrancoisenaction.org
Year Centraide funding began: 2006

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.
The following agencies and projects serve the residents of this district.

**Association pour aînés résidant à Laval**

8190 Saint-Joseph Street  
Laval, Quebec  H7A 1V6  
Tel.: 450 661-5252  
E-mail: direction@aparl.org  
Website: www.aparl.org  
Year Centraide funding began: 2003  

Help Laval seniors—mainly in the East districts—come out of their isolation, maintain their independence and remain socially active.

**Maison de la Famille de Saint-François**

8190 Lévesque Blvd. East  
Laval, Quebec  H7A 1V4  
Tel.: 450 665-6510  
E-mail: famillesfrancois@videotron.ca  
Website: maisonfamillesfrancois.com  
Year Centraide funding began: 2001  

Promote child development and parental fulfilment by bringing families out of their isolation, forming them into a self-help network, and fostering positive parent-child relations.

**Saint-Vincent-de-Paul**

4901 Saint-Joseph Street  
Laval, Quebec  H7C 1H6  
Tel.: 450 661-5252  
E-mail: famillestfrancois@videotron.ca  
Website: maisonfamillesfrancois.com  
Year Centraide funding began: 2001  

Help Laval seniors—mainly in the East districts—come out of their isolation, maintain their independence and remain socially active.
Centre d’implication libre de Laval – C.I.L.L. – Sainte-Rose

295-A Sainte-Rose Blvd.
Laval, Quebec H7L 1M1
Tel.: 450 668-1771
E-mail: info.sterose@cill.qc.ca
Website: www.cill.qc.ca

This agency is a point of service. For more information, please see Centre d’implication libre de Laval – C.I.L.L., p. 109.

Comité d’animation du troisième âge de Laval (CATAL)

140 Nadon Street
Laval, Quebec H7L 1T5
Tel.: 450 622-1228
E-mail: lecatal@bellnet.ca
Website: www.lecatal.ca

Year Centraide funding began: 1986

Break the isolation of seniors aged 55 years and over who are independent or need a little help looking after themselves, help them to maintain their independence and improve their quality of life by offering them services and activities as well as a place to get together, develop a sense of belonging, get involved and engage in self-help.
# South Shore

Regional agencies serving the South Shore: 115

**Agglomeration of Longueuil**
- Boucherville: 117
- Brossard: 117
- Longueuil: 117
- Saint-Lambert: 123

**De Roussillon RCM**
- Candiac: 124
- Châteauguay: 124
- Delson: 126
- La Prairie: 126

**Haut-Richelieu RCM**
- Henryville: 127
- Saint-Jean-sur-Richelieu: 128

**Jardins-de-Napierville RCM**
- Napierville: 129
- Saint-Rémi: 130

**Marguerite-D’Youville RCM**
- Saint-Amable: 130

**Vallée-du-Richelieu RCM**
- Bebeuil: 131
- Chambly: 132
The following agencies and projects serve the residents in the southern region of Centraide of Greater Montreal.

### ACEF de la Rive-Sud

- **Address**: 2010 de Chambly Road, Longueuil, Quebec J4J 3Y2
- **Tel.**: 450 677-6394
- **E-mail**: acefrsm@consommateur.qc.ca
- **Website**: www.acefrsm.com
- **Year Centraide funding began**: 1975

Centraide supports ACEFs in several Greater Montreal districts. For more information, please see Association coopérative d’économie familiale (ACEF), p. 5.

### Association de parents de l’enfance en difficulté (APED)

- **Address**: 1050, boul. Curé-Poirier Ouest, bureau 100, Longueuil, Quebec J4K 2E4
- **Tel.**: 450 679-9310
- **E-mail**: info@aped.org
- **Website**: www.aped.org
- **Year Centraide funding began**: 1972

Help, support, inform and promote the parenting skills of parents with children who are in difficulty or have a disability. Raise awareness of the needs of the children and their parents, and advocate their rights and interests.

### Carrefour le Moutier

- **Address**: 100 Place Charles-Lemoyne, Suite 281, Longueuil, Quebec J4K 4Y9
- **Tel.**: 450 679-7111
- **E-mail**: info@carrefourmoutier.org
- **Website**: www.carrefourmoutier.org
- **Year Centraide funding began**: 1976

Prevent distress and facilitate social integration among South Shore residents.
Chinese Family Service of Greater Montreal – Sino-Quebec Centre of South Shore

7209 Taschereau Blvd., local 108
Brossard, Quebec J4Y 1A1
Tel.: 450 445-6666
E-mail: csqrs@qc.aira.com
Website: www.sinoquebec.ca

This agency is a point of service. For more information, please see Chinese Family Service of Greater Montreal, p. 24.

Moisson Rive-Sud

1356 Volta Street
Boucherville, Quebec J4B 6G6
Tel.: 450 641-1895
E-mail: administration@moissonrivesud.org
Website: www.moissonrivesud.org
Year Centraide funding began: 1998

Help food relief agencies combat hunger and poverty on the South Shore by redistributing food.
Agglomeration of Longueuil

The following agencies and projects serve the residents of certain cities located in this agglomeration.

**BOUCHERVILLE**

<table>
<thead>
<tr>
<th>Centre d’action bénévole de Boucherville</th>
<th>$83,300</th>
</tr>
</thead>
<tbody>
<tr>
<td>20 Pierre-Boucher Street</td>
<td></td>
</tr>
<tr>
<td>Boucherville, Quebec J4B 5A4</td>
<td></td>
</tr>
<tr>
<td>Tel.: 450 655-9081</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:info@cabboucherville.ca">info@cabboucherville.ca</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.cabboucherville.ca">www.cabboucherville.ca</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 1984</td>
<td></td>
</tr>
</tbody>
</table>

Centraide supports agencies that promote volunteering in several Greater Montreal districts. For more information, please see Volunteering, p. 6.

**REGIONAL AGENCY LOCATED IN THE BOUCHERVILLE DISTRICT**

Moisson Rive-Sud ................................................................. 116

**BROSSARD**

**REGIONAL AGENCY LOCATED IN THE BROSSARD DISTRICT**

Chinese Family Service of Greater Montreal –
Sino-Québec Centre of South Shore ................................. 116

**LONGUEUIL**

<table>
<thead>
<tr>
<th>Au Second Lieu</th>
<th>$138,400</th>
</tr>
</thead>
<tbody>
<tr>
<td>3200 Grande-Allée Blvd.</td>
<td></td>
</tr>
<tr>
<td>Saint-Hubert, Quebec J4T 2S5</td>
<td></td>
</tr>
<tr>
<td>Tel.: 450 672-6725</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:info@secondlieu.org">info@secondlieu.org</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.secondlieu.org">www.secondlieu.org</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 2008</td>
<td></td>
</tr>
</tbody>
</table>

Offer activities to empower people who have, or have had, a mental health problem in order to facilitate their integration into the community.
<table>
<thead>
<tr>
<th>Agency/Project</th>
<th>Description</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Website</th>
<th>Year Centraide funding began</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Auberge du coeur l’Antre-temps Longueuil</strong></td>
<td>Promote the independence and social integration of young persons between the ages of 16 and 21 who are separated from their family, isolated, resourceless and homeless, and help them reorient their lives and attain their goals.</td>
<td>950 Roland-Therrien Blvd, Longueuil, Quebec J4J 5H3</td>
<td>450 651-0125</td>
<td><a href="mailto:admin@antre-temps.org">admin@antre-temps.org</a></td>
<td><a href="http://www.antre-temps.org">www.antre-temps.org</a></td>
<td>1986</td>
</tr>
<tr>
<td><strong>Boîte à lettres de Longueuil (La), programme Tremplin vers l’autonomie</strong></td>
<td>Help young people aged 16 to 25 from disadvantaged environments who are illiterate or undereducated develop their potential and regain power over their lives by encouraging them to read, write and communicate and by using a participative approach.</td>
<td>1178 Sainte-Foy Blvd, Longueuil, Quebec J4K 1W9</td>
<td>450 646-9273</td>
<td><a href="mailto:bal@boitealettres.ca">bal@boitealettres.ca</a></td>
<td><a href="http://www.boitealettres.ca">www.boitealettres.ca</a></td>
<td>2002</td>
</tr>
<tr>
<td><strong>Bureau de consultation jeunesse (Le) (BCJ) – Rive-Sud</strong></td>
<td>This agency is a point of service. For more information, please see Bureau de consultation jeunesse (Le) (BCJ), p. 13.</td>
<td>2150 Marmier Street, Suite 1, Longueuil, Quebec J4K 4T8</td>
<td>514 274-9887</td>
<td><a href="mailto:info@bcj14-25.org">info@bcj14-25.org</a></td>
<td><a href="http://www.bcj14-25.org">www.bcj14-25.org</a></td>
<td></td>
</tr>
<tr>
<td><strong>Centre Communautaire des Aînées et Aînés de Longueuil</strong></td>
<td>Offer a place of belonging and mutual aid to seniors in Vieux-Longueuil to break their isolation, help them maintain their independence, and promote their community participation, particularly by encouraging them to help run and manage the agency.</td>
<td>300 Lamarre Street, Suite 122, Longueuil, Quebec J4J 0A1</td>
<td>450 677-6677</td>
<td><a href="mailto:info@ccaal.com">info@ccaal.com</a></td>
<td><a href="http://www.ccaal.com">www.ccaal.com</a></td>
<td>2002</td>
</tr>
</tbody>
</table>
Centre d’action bénévole de Saint-Hubert $70,000
3339 Grande-Allée Blvd.
Saint-Hubert, Quebec  J4T 2S9
Tel.: 450 656-9110
E-mail: cab-saint-hubert@videotron.ca
Website: www.devenezbenevole.org
Year Centraide funding began: 1975

Centraide supports agencies that promote volunteering in several Greater Montreal districts. For more information, please see Volunteering, p. 6.

Centre de Bénévolat de la Rive-Sud $212,000
18 Montcalm Street
Longueuil, Quebec  J4J 2K6
Tel.: 450 679-5916
E-mail: direction@benevolatrivesud.qc.ca
Website: www.benevolatrivesud.qc.ca
Year Centraide funding began: 1978

Centraide supports agencies that promote volunteering in several Greater Montreal districts. For more information, please see Volunteering, p. 6.

Centre de Bénévolat de la Rive-Sud – Longueuil
16 Montcalm Street
Longueuil, Quebec  J4J 2K6
Tel.: 450 677-5281
E-mail: longueuil@benevolatrivesud.qc.ca
Website: www.benevolatrivesud.qc.ca
This agency is a point of service. For more information, please see Centre de Bénévolat de la Rive-Sud above.

Centre des femmes de Longueuil $120,350
1529 Lafayette Blvd.
Longueuil, Quebec  J4K 3B6
Tel.: 450 670-0111
E-mail: info@centredefemmeslongueuil.org
Website: www.centredefemmeslongueuil.org
Year Centraide funding began: 1974

Promote the collective and individual development of women in the Urban Agglomeration of Longueuil, particularly women with emotional, economic or social difficulties, and provide them with a place of belonging, education, well-being, and mutual cooperation.
### Comité logement Rive-Sud – Longueuil

238 Saint-Louis Street  
Longueuil, Quebec J4L 2L6  
Tel.: 450 812-8228  
E-mail: francois.giguere@comite-logement.org  
Website: www.comite-logement.org

This agency is a point of service. For more information, please see Comité logement Rive-Sud, p. 124.

### Corporation de développement communautaire de Longueuil – Formation

158 Charron Street  
LeMoyne, Quebec J4R 2K7  
Tel.: 450 671-5095  
E-mail: info@cdclongueuil.org  
Website: www.cdclongueuil.org  
Year Centraide funding began: 2000

Bring together and represent community agencies in Longueuil and promote their development, especially by offering training services.

### Corporation de développement communautaire de Longueuil – Vie de quartier

158 Charron Street  
LeMoyne, Quebec J4R 2K7  
Tel.: 450 671-5095  
E-mail: info@cdclongueuil.org  
Website: www.cdclongueuil.org  
Year Centraide funding began: 2000

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

### Croisée de Longueuil (La)

1230 Green Street  
Longueuil, Quebec J4L 4Z5  
Tel.: 450 677-8918  
E-mail: lacroisee@lacroiseedelongueuil.qc.ca  
Website: www.lacroiseedelongueuil.qc.ca  
Year Centraide funding began: 1973

Help families and persons who are living alone or in psychological distress in the north-west area of Longueuil by promoting their individual empowerment, social integration and food security and meeting their immediate needs for food, clothing and support.
<table>
<thead>
<tr>
<th>Organization</th>
<th>Amount</th>
<th>Address</th>
<th>City, Province</th>
<th>Telephone</th>
<th>Email</th>
<th>Website</th>
<th>Year Centraide funding began:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Entraide chez nous (L’)</td>
<td>$128,264</td>
<td>155 Brodeur Street</td>
<td>Longueuil, Quebec J4J 2S3</td>
<td>450 468-1726</td>
<td><a href="mailto:entraide.chez-nous@bellnet.ca">entraide.chez-nous@bellnet.ca</a></td>
<td><a href="http://www.entraidecheznous.org">www.entraidecheznous.org</a></td>
<td>1974</td>
</tr>
<tr>
<td>Hébergement La Casa Bernard-Hubert</td>
<td>$112,700</td>
<td>1215 Sainte-Foy Blvd.</td>
<td>Longueuil, Quebec J4K 1X4</td>
<td>450 442-4777</td>
<td><a href="mailto:hebergement@lacasabernardhubert.org">hebergement@lacasabernardhubert.org</a></td>
<td><a href="http://www.lacasabernardhubert.org">www.lacasabernardhubert.org</a></td>
<td>1988</td>
</tr>
<tr>
<td>L’Envol Programme d’aide aux jeunes mères</td>
<td>$163,740</td>
<td>1660 de l’Église Street</td>
<td>LeMoyne, Quebec J4P 2C8</td>
<td>450 465-2584</td>
<td><a href="mailto:info@lenvol.org">info@lenvol.org</a></td>
<td><a href="http://www.lenvol.org">www.lenvol.org</a></td>
<td>1994</td>
</tr>
<tr>
<td>Macadam Sud</td>
<td>$98,930</td>
<td>895 Sainte-Hélène Street</td>
<td>Longueuil, Quebec J4K 3R7</td>
<td>450 677-9021, ext. 221</td>
<td><a href="mailto:info@macadamsud.org">info@macadamsud.org</a></td>
<td><a href="http://www.macadamsud.org">www.macadamsud.org</a></td>
<td>2011</td>
</tr>
</tbody>
</table>

Improve the quality of life, independence and social integration of disadvantaged Longueuil-Est residents through initiatives in the areas of food security, mutual support, and participation in community life.

Help homeless men aged 18 and over to become more self-reliant and to reintegrate into society by offering them shelter and personalized support.

Help single mothers under 25 years of age who are in difficulty (during and after their pregnancy) as well as their children, to prevent a recurrence of the problems they are experiencing, to enhance their parental role, to build their self-reliance, to facilitate their social and employment reintegration, and to promote the overall development of their children.

Support and provide skills to youths aged 12 to 35 who are experiencing difficulties or living on the margins of society, alleviate the problems associated with adolescence, offer support to youths in emergency situations, introduce them to cooperation and teamwork, offer them alternatives to drug and alcohol abuse, prevent suicide, delinquency and school dropouts.
Maison de Jonathan (La)  $212,105
81 Saint-Jean Street
Longueuil, Quebec  J4H 2W8
Tel.: 450 670-4099
E-mail: maisonjonathan@videotron.ca
Website: www.lamaisondejonathan.ca
Year Centraide funding began: 1985
Help young dropouts aged 12 to 17 on the South Shore who are experiencing personal, family or social problems or having difficulty at school.

Maison de la famille La Parentr’aide  $118,600
2060 Holmes Street
Saint-Hubert, Quebec  J4T 1R8
Tel.: 450 923-9333
E-mail: info@laparentraide.ca
Website: www.laparentraide.ca
Year Centraide funding began: 1998
Improve the quality of life of families with children aged 0 to 17 in Saint-Hubert by breaking their isolation, promoting self-help and enhancement of the parental role, and creating a stimulating environment for the children.

Maison de la Famille LeMoyne  $76,900
1882 Saint-Georges Street, Suite 503
Longueuil, Quebec  J4P 3J4
Tel.: 450 465-3571
E-mail: mfl@bellnet.ca
Website: www.maisondelafamillelemoynen.org
Year Centraide funding began: 2008
Offer a place of belonging and mutual aid to disadvantaged families in the LeMoyne neighbourhood in order to improve their living conditions, break their isolation, enhance the parent-child relationship and improve the overall development of their children.

Maison La Virevolte (La)  $127,008
335 Le Moyne Street West
Longueuil, Quebec  J4H 1W4
Tel.: 450 651-1901
E-mail: info@maisonlavirevolte.com
Year Centraide funding began: 1999
Improve the quality of life of low-income families in the borough of Vieux-Longueuil, many of whom live in low-rent housing, by breaking their isolation, offering them a variety of services and activities, and supporting parents in their parental role.
Maison Tremplin de Longueuil

267 Toulouse Street
Longueuil, Quebec J4L 4X1
Tel.: 450 442-4019
E-mail: info@maisontremplin.com
Website: www.maisontremplin.com
Year Centraide funding began: 1994

Improve the quality of life of vulnerable families in the borough of Vieux-Longueuil by encouraging local collective action, supporting childhood development, helping parents enhance their skills, preventing family problems, encouraging social integration, and reinforcing families’ potential.

Regional Agencies Located in the Ville de Longueuil District

ACEF de la Rive-Sud ................................................................. 115
Association de parents de l’enfance en difficulté (APED) ............... 115
Carrefour le Moutier .............................................................. 115

Saint-Lambert

Centre de Bénévolat de la Rive-Sud – Saint-Lambert

45 Argyle Street
Saint-Lambert, Quebec J4P 2H2
Tel.: 450 465-6130
E-mail: stlambert@benevolatrivesud.qc.ca
Website: www.benevolatrivesud.qc.ca

This agency is a point of service. For more information, please see Centre de Bénévolat de la Rive-Sud, p. 119.
The following agencies and projects serve the residents of certain cities located in this RCM.

**CANDIAC**

<table>
<thead>
<tr>
<th>Centre de Bénévolat de la Rive-Sud – Candiac</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 Saint-Francois-Xavier Road</td>
</tr>
<tr>
<td>Candiac, Quebec J5R 1A2</td>
</tr>
<tr>
<td>Tel.: 450 659-9651</td>
</tr>
<tr>
<td>E-mail: <a href="mailto:candiac@benevolatrivesud.qc.ca">candiac@benevolatrivesud.qc.ca</a></td>
</tr>
<tr>
<td>Website: <a href="http://www.benevolatrivesud.qc.ca">www.benevolatrivesud.qc.ca</a></td>
</tr>
</tbody>
</table>

*This agency is a point of service. For more information, please see Centre de Bénévolat de la Rive-Sud, p. 119.*

**CHÂTEAUGUAY**

<table>
<thead>
<tr>
<th>Comité logement Rive-Sud $147,800</th>
</tr>
</thead>
<tbody>
<tr>
<td>311 McLeod Street</td>
</tr>
<tr>
<td>Châteauguay, Quebec J6J 2H8</td>
</tr>
<tr>
<td>Tel.: 450 699-3060</td>
</tr>
<tr>
<td>E-mail: <a href="mailto:info@comite-logement.org">info@comite-logement.org</a></td>
</tr>
<tr>
<td>Website: <a href="http://www.comite-logement.org">www.comite-logement.org</a></td>
</tr>
<tr>
<td>Year Centraide funding began: 2005</td>
</tr>
</tbody>
</table>

Promote and ensure the realization of social housing projects for disadvantaged individuals and families in the De Roussillon and Jardins-de-Napierville RCMs as well as the Urban Agglomeration of Longueuil, and advocate the rights of low-income tenants with the authorities concerned.
| Organization | Amount | Address | City | Province | Phone | Email | Website | Year of Funding
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Mouvement action-découverte pour personnes handicapées de la région de Châteauguay</td>
<td>$88,200</td>
<td>25-B Saint-Francis Blvd.</td>
<td>Châteauguay</td>
<td>Quebec</td>
<td>450 698-3361</td>
<td><a href="mailto:actiondecouverte@videotron.ca">actiondecouverte@videotron.ca</a></td>
<td><a href="http://www.actiondecouverte.org">www.actiondecouverte.org</a></td>
<td>1981</td>
</tr>
<tr>
<td>Quartier des femmes (Le)</td>
<td>$101,050</td>
<td>71 Principale Street</td>
<td>Châteauguay</td>
<td>Quebec</td>
<td>450 692-9805</td>
<td><a href="mailto:info@quartierdesfemmes.com">info@quartierdesfemmes.com</a></td>
<td><a href="http://www.quartierdesfemmes.com">www.quartierdesfemmes.com</a></td>
<td>1986</td>
</tr>
<tr>
<td>Rencontre Châteauguoise (La)</td>
<td>$124,800</td>
<td>200 Salaberry Blvd. North</td>
<td>Châteauguay</td>
<td>Quebec</td>
<td>450 699-6819</td>
<td><a href="mailto:info@rencontrechateauguoise.com">info@rencontrechateauguoise.com</a></td>
<td><a href="http://www.rencontrechateauguoise.com">www.rencontrechateauguoise.com</a></td>
<td>1993</td>
</tr>
</tbody>
</table>

Promote the independence and quality of life of adults with disabilities in Châteauguay and the surrounding area, while encouraging them to become more involved in the life of the community.

Help women in Châteauguay and the surrounding area to cope with the process of separation, single parenthood or living in a blended family, promote their individual and collective empowerment, and enable them to come through these experiences better equipped to get on with their lives.

Promote the food security and individual empowerment of disadvantaged Châteauguay district residents.
DELSON

**BÉNADO**

197 Saint-François-Xavier Road  
Delson, Quebec  J5B 1X7  
Tel.: 450 632-1640  
E-mail: benado@videotron.ca  
Website: www.benado.org

Year Centraide funding began: 1986

Encourage and help young dropouts aged 14-17 in the west end of the South Shore to reflect on their current situation and future prospects, to go back to school, to find a job, and to improve their relationship with their family, their school and their community.

**Corporation de développement communautaire de Roussillon**

197 Saint-François-Xavier Road  
Delson, Quebec  J5B 1X7  
Tel.: 438 490-3789  
E-mail: cdcroussillon@gmail.com  
Website: www.cdcroussillon.org

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

LA PRAIRIE

**Association des personnes handicapées de la Rive-Sud Ouest**

100 Sainte-Marie Street  
La Prairie, Quebec  J5R 1E8  
Tel.: 450 659-6519  
E-mail: info@aphrso.org  
Website: www.aphrso.org

Year Centraide funding began: 1993

Improve the quality of life, promote the social integration and advocate the rights of persons with physical or intellectual disabilities residing in municipalities from La Prairie to Saint-Constant.
The following agencies and projects serve the residents of certain cities located in this RCM.

HENRYVILLE

**Centre d’entraide régional d’Henryville (CERH)**

547 Saint-Henri Street
La Prairie, Quebec  J5R 2S9
Tel.: 450 444-0803
E-mail: clepage@lepartage.org
Website: www.lepartage.org
Year Centraide funding began: 2011

Promote a spirit of social solidarity as well as individual and collective empowerment among disadvantaged families and individuals in the Kateri region by offering them self-help, support, training and integration services.

**Complexe Le Partage**

547 Saint-Henri Street
La Prairie, Quebec  J5R 2S9
Tel.: 450 444-0803
E-mail: clepage@lepartage.org
Website: www.lepartage.org
Year Centraide funding began: 2011

Promote a spirit of social solidarity as well as individual and collective empowerment among disadvantaged families and individuals in the Kateri region by offering them self-help, support, training and integration services.

**Haut-Richelieu RCM**

The following agencies and projects serve the residents of certain cities located in this RCM.

**Haut-Richelieu RCM**

**HENRYVILLE**

**Centre d’entraide régional d’Henryville (CERH)**

854 Saint-Jean-Baptiste Street, Suite 101
Henryville, Quebec  J0J 1E0
Tel.: 450 299-1117
E-mail: cerh1994@live.ca
Year Centraide funding began: 1994

Centraide supports agencies that promote volunteering in several Greater Montreal districts. For more information, please see Volunteering, p. 6.
### SAINT-JEAN-SUR-RICHELIEU

<table>
<thead>
<tr>
<th>Agency/Project</th>
<th>Funding</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Website</th>
<th>Year Centraide funding began</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Centre d’action bénévole d’Iberville et de la région</strong></td>
<td>$70,225</td>
<td>290 des Conseillers Avenue, Saint-Jean-sur-Richelieu, Quebec J2X 1Z8</td>
<td>450 347-1172</td>
<td><a href="mailto:info@cabiberville.org">info@cabiberville.org</a></td>
<td><a href="http://www.cabiberville.org">www.cabiberville.org</a></td>
<td>1974</td>
</tr>
<tr>
<td><strong>Centre de femmes du Haut-Richelieu</strong></td>
<td>$90,000</td>
<td>390, rue George-Phaneuf Street, Saint-Jean-sur-Richelieu, Quebec J3B 1K2</td>
<td>450 346-0662</td>
<td><a href="mailto:dir.dev@centrefemmeshautrichelieu.ca">dir.dev@centrefemmeshautrichelieu.ca</a></td>
<td><a href="http://www.centrefemmeshautrichelieu.ca">www.centrefemmeshautrichelieu.ca</a></td>
<td>2011</td>
</tr>
<tr>
<td><strong>Citizen Advocacy Haut-Richelieu</strong></td>
<td>$73,500</td>
<td>125 Jacques-Cartier Street North, Suite 8, Saint-Jean-sur-Richelieu, Quebec J3B 8C9</td>
<td>450 347-8091</td>
<td><a href="mailto:jfredette@pchr-di.org">jfredette@pchr-di.org</a></td>
<td><a href="http://www.entreamis.ca">www.entreamis.ca</a></td>
<td>1986</td>
</tr>
<tr>
<td><strong>Famille à Coeur</strong></td>
<td>$112,700</td>
<td>130 Saint-Georges Street, Saint-Jean-sur-Richelieu, Quebec J3B 2S8</td>
<td>450 346-1734</td>
<td><a href="mailto:mhdesjardins@familleacoeur.qc.ca">mhdesjardins@familleacoeur.qc.ca</a></td>
<td><a href="http://www.familleacoeur.qc.ca">www.familleacoeur.qc.ca</a></td>
<td>1998</td>
</tr>
</tbody>
</table>

Centraide supports agencies that promote volunteering in several Greater Montreal districts. For more information, please see Volunteering, p. 6.

Promote community integration, social networks and independence for people with an intellectual disability through support and pairing services with volunteers.

Provide a welcoming place for families and improve their quality of life by offering preventive and educational activities.
The following agencies and projects serve the residents of certain cities located in this RCM.

### Mouvement S.E.M. (sensibilisation pour une enfance meilleure)

<table>
<thead>
<tr>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Website</th>
<th>Year Centraide funding began: 1993</th>
</tr>
</thead>
<tbody>
<tr>
<td>366-368 Laurier Street</td>
<td>450 348-0209</td>
<td><a href="mailto:sem@bellnet.ca">sem@bellnet.ca</a></td>
<td><a href="http://www.mouvementsem.com">www.mouvementsem.com</a></td>
<td></td>
</tr>
</tbody>
</table>

Prevent child abuse in families living in the south-east part of the Montérégie region, increase parents’ confidence in their parenting abilities, and teach school-age children about violence and sexual abuse.

### Jardins-de-Napierville RCM

The following agencies and projects serve the residents of certain cities located in this RCM.

### NAPIERVILLE

### Service d’action bénévole « Au coeur du jardin » – Napierville

<table>
<thead>
<tr>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>262-A de l’Église Street</td>
<td>450 245-7868</td>
<td><a href="mailto:dirsab.stremi@bellnet.ca">dirsab.stremi@bellnet.ca</a></td>
<td><a href="http://www.sabjardin.org">www.sabjardin.org</a></td>
</tr>
</tbody>
</table>

This agency is a point of service. For more information, please see Service d’action bénévole « Au coeur du jardin », below.
### SAINT-RÉMI

<table>
<thead>
<tr>
<th>Service d’action bénévole</th>
<th>$50,000</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>« Au coeur du jardin »</strong></td>
<td></td>
</tr>
<tr>
<td>1030 Notre-Dame Street</td>
<td></td>
</tr>
<tr>
<td>Saint-Rémi, Quebec J0L 2L0</td>
<td></td>
</tr>
<tr>
<td>Tel.: 450 454-6567</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:dirsab.stremi@bellnet.ca">dirsab.stremi@bellnet.ca</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.sabajardin.org">www.sabajardin.org</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 1983</td>
<td></td>
</tr>
</tbody>
</table>

Centraide supports agencies that promote volunteering in several Greater Montreal districts. For more information, please see Volunteering, p. 6.

<table>
<thead>
<tr>
<th>Sourire sans Fin</th>
<th>$131,495</th>
</tr>
</thead>
<tbody>
<tr>
<td>2-A Sainte-Famille Street</td>
<td></td>
</tr>
<tr>
<td>Saint-Rémi, Quebec J0L 2L0</td>
<td></td>
</tr>
<tr>
<td>Tel.: 450 454-5747</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:info@souriresansfin.org">info@souriresansfin.org</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.souriresansfin.org">www.souriresansfin.org</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 1996</td>
<td></td>
</tr>
</tbody>
</table>

Empower needy families and individuals in the regional county municipality of Jardins-de-Napierville by fostering a spirit of solidarity and offering them self-help activities as well as support, training and social integration services.

<table>
<thead>
<tr>
<th>Table de concertation jeunesse</th>
<th>$36,750</th>
</tr>
</thead>
<tbody>
<tr>
<td>MRC Jardins-de-Napierville</td>
<td></td>
</tr>
<tr>
<td>100 de la Gare Street</td>
<td></td>
</tr>
<tr>
<td>Saint-Rémi, Quebec J0L 2L0</td>
<td></td>
</tr>
<tr>
<td>Tel.: 450 454-6657</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:mdj@adomissile.com">mdj@adomissile.com</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 2012</td>
<td></td>
</tr>
</tbody>
</table>

Work with youth by giving them after-school access to agencies and activities in this rural region through a transportation service.
The following agencies and projects serve the residents of certain cities located in this RCM.

**BELOEIL**

<table>
<thead>
<tr>
<th>Parrainage Civique de la Vallée de Richelieu</th>
<th>$15,600</th>
</tr>
</thead>
<tbody>
<tr>
<td>308 Montsabré Street, Suite D-132</td>
<td></td>
</tr>
<tr>
<td>Beloeil, Quebec J3G 2H5</td>
<td></td>
</tr>
<tr>
<td>Tel.: 450 464-5325</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:info@pcvr.ca">info@pcvr.ca</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.pcvr.ca">www.pcvr.ca</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 1998</td>
<td></td>
</tr>
</tbody>
</table>

Pair persons who have an intellectual disability or mental health problems with volunteers in order to improve their quality of life, break their isolation, develop their independence and facilitate their social integration.

**SAINT-AMABLE**

<table>
<thead>
<tr>
<th>Corporation de développement communautaire de Marguerite-D’Youville</th>
<th>$34,300</th>
</tr>
</thead>
<tbody>
<tr>
<td>297 Principale Street, Suite 3</td>
<td></td>
</tr>
<tr>
<td>Saint-Amable, Quebec J0L 1N0</td>
<td></td>
</tr>
<tr>
<td>Tel.: 450 685-1166</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:direction@cdcmy.org">direction@cdcmy.org</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.cdcmy.org">www.cdcmy.org</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 2012</td>
<td></td>
</tr>
</tbody>
</table>

Centraide supports neighbourhood round tables in several Greater Montreal districts. For more information, please see Neighbourhood Round Table, p. 5.

**Vallée-du-Richelieu RCM**

The following agencies and projects serve the residents of certain cities located in this RCM.
CHAMBLY

Carrefour Familial du Richelieu $115,798

856 Grand Boulevard
Chambly, Quebec J3L 1V9
Tel.: 450 447-9969
E-mail: direction@carrefourfamilial.org
Website: www.carrefourfamilial.org
Year Centraide funding began: 1998

Enhance parenting skills, reduce the isolation of families, create a network of mutual aid, and empower parents by promoting exchange, sharing and self-awareness as a way to facilitate family life.

Centre de Bénévolat de la Rive-Sud – Chambly

1410 de Salaberry Avenue
Chambly, Quebec J3L 1R7
Tel.: 450 658-4325
E-mail: chambly@benevolatrivesud.qc.ca
Website: www.benevolatrivesud.qc.ca

This agency is a point of service. For more information, please see Centre de Bénévolat de la Rive-Sud, p. 119.

Corme d’abondance – Entraide alimentaire et solidarité (La) $107,800

2391 Bourgogne Street
Chambly, Quebec J3L 2A5
Tel.: 450 447-3414
E-mail: info@cornedabondance.com
Website: www.cornedabondance.com
Year Centraide funding began: 1999

Improve food security by disseminating nutritional self-reliance practices and cooking skills and promote healthy living habits.
Vacation camps for families and children
Vacation camps for families and children

Vacation camps

<table>
<thead>
<tr>
<th>Camp Amy Molson</th>
<th>$196,980</th>
</tr>
</thead>
<tbody>
<tr>
<td>5165 Sherbrooke Street West, Suite 210</td>
<td></td>
</tr>
<tr>
<td>Montreal, Quebec H4A 1T6</td>
<td></td>
</tr>
<tr>
<td>Tel.: 514 484-9919</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:office@campamymolson.com">office@campamymolson.com</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.campamymolson.com">www.campamymolson.com</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 1975</td>
<td></td>
</tr>
</tbody>
</table>

Offer healthy, fun and educational outdoor activities for girls and boys aged 5 to 13 who come from disadvantaged families in Greater Montreal, paying particular attention to those with emotional or physical problems.

<table>
<thead>
<tr>
<th>Camp B’Nai Brith</th>
<th>$147,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>5151 de la Côte-Sainte-Catherine Road, Suite 232</td>
<td></td>
</tr>
<tr>
<td>Montreal, Quebec H3W 1M6</td>
<td></td>
</tr>
<tr>
<td>Tel.: 514 735-3669</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:info@cbbmtl.org">info@cbbmtl.org</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.cbbmtl.org">www.cbbmtl.org</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 2005</td>
<td></td>
</tr>
</tbody>
</table>

Provide a summer vacation site mainly to vulnerable youth and also to isolated seniors, new immigrants and refugees, low-income individuals, and people with special needs (persons with physical or intellectual disabilities or a mental illness).

<table>
<thead>
<tr>
<th>Camp familial Saint-Urbain</th>
<th>$126,280</th>
</tr>
</thead>
<tbody>
<tr>
<td>1651 de Chertsey Road</td>
<td></td>
</tr>
<tr>
<td>Chertsey, Quebec J0K 3K0</td>
<td></td>
</tr>
<tr>
<td>Tel.: 450 882-4719</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:info@campfamilial.org">info@campfamilial.org</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.campfamilial.org">www.campfamilial.org</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 1975</td>
<td></td>
</tr>
</tbody>
</table>

Provide low-income families and individuals as well as persons with disabilities from different cultural backgrounds with an accessible vacation spot in order to enhance family life and promote harmonious intercultural relations.
<table>
<thead>
<tr>
<th>Agency/Membership</th>
<th>Name and Address</th>
<th>Funding</th>
<th>Description</th>
</tr>
</thead>
</table>
| *Vacation Camps for Families and Children* | Club des familles de demain – Domaine du Lac bleu  
14115 Prince-Arthur Street, Suite 450  
Montreal, Quebec H1A 1A8  
Tel.: 514 521-4090  
E-mail: pierregcartier@gmail.com  
Website: www.domainedulacbleu.ca  
Year Centraide funding began: 1971 | $64,365 | Give disadvantaged families and seniors in Greater Montreal a chance to enjoy a holiday together in the country in order to recuperate physically and mentally and strengthen their social ties. |
| | Colonie de vacances Sainte-Jeanne-d’Arc  
10020 Marie-Victorin Road  
Contrecoeur, Quebec J0L 1C0  
Tel.: 450 743-8265  
E-mail: info@csjd.qc.ca  
Website: www.csjd.qc.ca  
Year Centraide funding began: 2005 | $116,095 | Provide a holiday camp for girls aged 4 to 14 from underprivileged Greater Montreal neighbourhoods and foster their personal development, confidence and self-esteem by getting them involved in projects that reflect their interests. |
| | Colonie des Grèves de Contrecoeur  
10350 Marie-Victorin Road  
Contrecoeur, Quebec J0L 1C0  
Tel.: 450 742-4767  
E-mail: info@coloniedesgreves.com  
Website: www.coloniedesgreves.com  
Year Centraide funding began: 1975 | $45,535 | Provide a holiday camp for youth aged 5 to 13 and families who come from disadvantaged Greater Montreal neighbourhoods and give all family members the chance to enjoy a holiday camping experience (during the summer and March break). |
<table>
<thead>
<tr>
<th>Corporation de L’Étincelle – Centre Plein Air L’Étincelle</th>
<th>$160,020</th>
</tr>
</thead>
<tbody>
<tr>
<td>75 Sir Georges-Étienne-Cartier Square, Suite 200</td>
<td></td>
</tr>
<tr>
<td>Montreal, Quebec H4C 3A1</td>
<td></td>
</tr>
<tr>
<td>Tel.: 514 932-6893</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:cpa.etincelle@gmail.com">cpa.etincelle@gmail.com</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.cpaetincelle.com">www.cpaetincelle.com</a></td>
<td></td>
</tr>
<tr>
<td>Year Centraide funding began: 2012</td>
<td></td>
</tr>
<tr>
<td>Offer disadvantaged families, as well as disadvantaged</td>
<td></td>
</tr>
<tr>
<td>children, seniors or people with disabilities who</td>
<td></td>
</tr>
<tr>
<td>receive assistance from agencies, the opportunity</td>
<td></td>
</tr>
<tr>
<td>to take a holiday at Centre Plein Air L’Étincelle, a</td>
<td></td>
</tr>
<tr>
<td>safe environment that promotes personal renewal, growth</td>
<td></td>
</tr>
<tr>
<td>and development and that strengthens family relationships.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Le P’tit Bonheur, une œuvre du Père Sablon</th>
<th>$162,225</th>
</tr>
</thead>
<tbody>
<tr>
<td>4265 Papineau Avenue</td>
<td></td>
</tr>
<tr>
<td>Montreal, Quebec H2H 1T3</td>
<td></td>
</tr>
<tr>
<td>Tel.: 819 326-4281</td>
<td></td>
</tr>
<tr>
<td>E-mail: <a href="mailto:mpichette@oeuvresablon.com">mpichette@oeuvresablon.com</a></td>
<td></td>
</tr>
<tr>
<td>Website: <a href="http://www.ptitbonheur.com">www.ptitbonheur.com</a></td>
<td></td>
</tr>
<tr>
<td>Sponsor young people from all backgrounds</td>
<td></td>
</tr>
<tr>
<td>so that they can go to camp. Community</td>
<td></td>
</tr>
<tr>
<td>programs are also put in place for direct</td>
<td></td>
</tr>
<tr>
<td>outreach to young vulnerable people with</td>
<td></td>
</tr>
<tr>
<td>specific needs.</td>
<td></td>
</tr>
</tbody>
</table>
Alphabetical Index of Agencies and Projects

This is an alphabetical index of the agencies, service points and projects supported by Centraide of Greater Montreal.

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<tr>
<th><strong>B</strong></th>
<th><strong>C</strong></th>
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<tr>
<td>Baobab Familial</td>
<td>Cafétéria communautaire Multi Caf (La)</td>
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<tr>
<td>BENADO</td>
<td>Camp Amy Molson</td>
</tr>
<tr>
<td>Big Brothers Big Sisters of Greater Montreal</td>
<td>Camp B’Nai Brith</td>
</tr>
<tr>
<td>Big Brothers Big Sisters of West Island</td>
<td>Camp familial Saint-Urbain</td>
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<tr>
<td>Boîte à lettres de Longueuil (La), programme Tremplin vers l’autonomie.....</td>
<td>CARI St-Laurent (Centre d’accueil et de référence sociale et économique pour immigrants)</td>
</tr>
<tr>
<td>Bouffe-Action de Rosemont</td>
<td>Carrefour communautaire Montrose</td>
</tr>
<tr>
<td>Bureau d’aide et d’assistance familiale Place Saint-Martin</td>
<td>Carrefour d’aide aux nouveaux arrivants (CANA)</td>
</tr>
<tr>
<td>Bureau de consultation jeunesse (Le) (BCJ)</td>
<td>Carrefour d’éducation populaire de Pointe-Saint-Charles</td>
</tr>
<tr>
<td>Bureau de consultation jeunesse (Le) (BCJ) – Laval</td>
<td>Carrefour d’Entraide Lachine</td>
</tr>
<tr>
<td>Bureau de consultation jeunesse (Le) (BCJ) – Rive-Sud</td>
<td>Carrefour d’Entraide Lachine – Saint-Pierre</td>
</tr>
<tr>
<td>Bureau de la communauté haïtienne de Montréal</td>
<td>Carrefour d’intercultures de Laval</td>
</tr>
<tr>
<td>Boîte à lettres de Longueuil (La), programme Tremplin vers l’autonomie</td>
<td>Carrefour de Ressources en Interculturel (CRIC)</td>
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<tr>
<td>Bouffe-Action de Rosemont</td>
<td>Carrefour des femmes d’Anjou</td>
</tr>
<tr>
<td>Bureau d’aide et d’assistance familiale Place Saint-Martin</td>
<td>Carrefour des femmes de Saint-Léonard</td>
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<tr>
<td>Bureau de consultation jeunesse (Le) (BCJ)</td>
<td>Carrefour Familial du Richelieu</td>
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<td>Bureau de consultation jeunesse (Le) (BCJ) – Laval</td>
<td>Carrefour Familial Hochelaga</td>
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<tr>
<td>Bureau de consultation jeunesse (Le) (BCJ) – Rive-Sud</td>
<td>Carrefour familial Les Pitchou</td>
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<td>Bureau de la communauté haïtienne de Montréal</td>
<td>Carrefour le Moutier</td>
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<tr>
<td>Boîte à lettres de Longueuil (La), programme Tremplin vers l’autonomie</td>
<td>Carrefour Parenfants</td>
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<tr>
<td>Bureau d’aide et d’assistance familiale Place Saint-Martin</td>
<td>Carrefour populaire de Saint-Michel</td>
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<tr>
<td>Bureau de consultation jeunesse (Le) (BCJ)</td>
<td>CCSE Maisonneuve</td>
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<tr>
<td>Bureau de consultation jeunesse (Le) (BCJ) – Laval</td>
<td>CDC Solidarités Villeray</td>
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<tr>
<td>Bureau de consultation jeunesse (Le) (BCJ) – Rive-Sud</td>
<td>Centre communautaire Bon Courage de Place Benoît</td>
</tr>
<tr>
<td>Bureau de la communauté haïtienne de Montréal</td>
<td>Centre communautaire de loisir de la Côte-des-Neiges</td>
</tr>
<tr>
<td>Boîte à lettres de Longueuil (La), programme Tremplin vers l’autonomie</td>
<td>Centre Communautaire des Aînées et Aînés de Longueuil</td>
</tr>
<tr>
<td>Bureau d’aide et d’assistance familiale Place Saint-Martin</td>
<td>Centre communautaire Le Rendez-vous des aînés(es) (Laval)</td>
</tr>
<tr>
<td>Bureau de consultation jeunesse (Le) (BCJ)</td>
<td>Centre communautaire Petite-Côte</td>
</tr>
<tr>
<td>Bureau de consultation jeunesse (Le) (BCJ) – Laval</td>
<td>Centre communautaire Radisson</td>
</tr>
<tr>
<td>Bureau de consultation jeunesse (Le) (BCJ) – Rive-Sud</td>
<td>Centre communautaire Val-Martin</td>
</tr>
<tr>
<td>Bureau de la communauté haïtienne de Montréal</td>
<td>Centre d’action bénévole d’Iberville et de la région</td>
</tr>
<tr>
<td>Boîte à lettres de Longueuil (La), programme Tremplin vers l’autonomie</td>
<td>Centre d’action bénévole de Boucherville</td>
</tr>
<tr>
<td>Bureau d’aide et d’assistance familiale Place Saint-Martin</td>
<td>Centre d’action bénévole de Saint-Hubert</td>
</tr>
<tr>
<td>Bureau de consultation jeunesse (Le) (BCJ)</td>
<td>Centre d’action bénévole et communautaire Saint-Laurent</td>
</tr>
<tr>
<td>Bureau de consultation jeunesse (Le) (BCJ) – Laval</td>
<td>Centre d’activités pour le maintien de l’équilibre émotionnel de Montréal-Nord (CAMEÉ)</td>
</tr>
<tr>
<td>Bureau de consultation jeunesse (Le) (BCJ) – Rive-Sud</td>
<td>Centre d’appui aux communautés immigrantes de Bordeaux-Cartierville (CACI)</td>
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